

School Health Services Technical Assistance
School Supplemental Compliance Report, Uploads and District Requirement
Assistance in Addressing Required Wellness Strategies Related (Act 1220 of 2003)

BUILDING LEVEL REQUIREMENTS

5. How is the school addressing the wellness requirements as mandated by Act 1220 of 2003? You MUST reference the required Wellness Strategies of Act 1220 in the Docs and Links Tab as reference in bullets A-I.

Use the following information to draft the school's response to #5:

- A. How is the school utilizing the School Health Index Assessment and the Student Body Mass Index Data to contribute to improving student health and achievement?
 - 1. *Provide the 2014-2015 BMI rate for the school (individual school BMI data can be found at <http://www.achi.net/Pages/SchoolPersonnel/BMIReports.aspx>)*
 - 2. *The school should provide a statement of barriers to student health and achievement based on these required data sources.*
- B. How is the school comparing the physical education and health education assessment from the School Health Index assessment to the standards defined by the Arkansas Department of Education Physical Education and Health Curriculum Framework?
- C. How is the school assisting with the implementation of the nutrition and physical activity standards developed by the school nutrition and physical advisory committee (District Wellness Committee) with the approval of the Arkansas Department of Education and State Board of Health?
- D. How is the school integrating nutrition and physical activity into the overall curriculum?
- E. How is the school ensuring that professional development for staff includes nutrition and physical activity issues?
- F. How is the school ensuring that students receive grade appropriate nutrition education and engage in healthy levels of vigorous physical activity?
- G. How is the school enforcing existing physical education requirements?
- H. How does the district ensure pursued contracts both encourage healthful eating by students and reduced school dependence on profits from the sale of foods of minimal nutritional value?
- I. What are the school's goals and objectives (AMOs) for nutrition and physical activity to improve the health and academic performance of students? *(Each goal must include the school's current reported obesity rate and must be measurable.)*

DISTRICT LEVEL REQUIREMENTS

- J. Provide a comparison of the annual completed School Health Index assessment results and the physical activity standards (DISTRICT- This information is posted as J. at the school level in question #5.)

6. Please scan and upload the results of the School Health Index (SHI) Assessment into the health services file under document upload.

1. To access the SHI Assessment go to <http://www.cdc.gov/healthyschools/shi/index/htm>
 - a. Schools should either:
 - b. Complete the assessment in “paper form” by accessing the PDF version the assessment on the CDC website or
 - c. Complete the assessment online by creating an online ID via the CDC website.
 - i. Schools are encouraged to complete the online version of the SHI assessment via the CDC website, as this will allow the district to generate several helpful documents displaying results for the school to use.
 - ii. Schools are encouraged to upload the following assessment documents:
 1. The 5 Component specific SHI Scorecards (Generated from SHI Assessment website)
 - a. The 5 required components to be assessed using the School Health Index:
 - i. School Health Policies and Environment
 - ii. Health Education
 - iii. Physical Education and other Physical Activity Programs
 - iv. Nutrition Services
 - v. Family and Community Involvement
 2. The Overall SHI Scorecard (Generated from SHI Assessment website)
 3. The Action Plan for Improvement Document (Generated from SHI Assessment website)

RECOMMENDED / NOT REQUIRED

7. If your school operates a School-based Health Center or offers School-based Mental Health Programs/Services, please include how the schools is integrating the schools-based health center services or mental health services in a way that those services are directly correlated to improvement student achievement levels.

For questions concerning the Wellness Priority or Act 1220 Requirements, please contact:

ADE School Health Services Office

501-683-3604