# Table of Contents

## Acknowledgements

<table>
<thead>
<tr>
<th>Page</th>
</tr>
</thead>
<tbody>
<tr>
<td>3</td>
</tr>
</tbody>
</table>

## Basic Information

<table>
<thead>
<tr>
<th>Topic</th>
<th>Page</th>
</tr>
</thead>
<tbody>
<tr>
<td>What is the Youth Risk Behavior Survey?</td>
<td>4-5</td>
</tr>
<tr>
<td>About This Report</td>
<td>6</td>
</tr>
<tr>
<td>How Results Can Be Interpreted</td>
<td>7</td>
</tr>
</tbody>
</table>

## Summary of 2013 Youth Risk Behavior Survey Findings

<table>
<thead>
<tr>
<th>Topic</th>
<th>Page</th>
</tr>
</thead>
<tbody>
<tr>
<td>Demographics of Survey Participants</td>
<td>8-9</td>
</tr>
<tr>
<td>Classroom Summary Graph</td>
<td>10</td>
</tr>
<tr>
<td>Trend Data Summary Related to School</td>
<td>11</td>
</tr>
<tr>
<td>Key Findings</td>
<td>12-13</td>
</tr>
</tbody>
</table>

## Behaviors that Result in Unintentional Injuries and Violence

<table>
<thead>
<tr>
<th>Topic</th>
<th>Page</th>
</tr>
</thead>
<tbody>
<tr>
<td>Rationale</td>
<td>14</td>
</tr>
<tr>
<td>Vehicle Safety</td>
<td>15-16</td>
</tr>
<tr>
<td>Drinking &amp; Driving</td>
<td>17-18</td>
</tr>
<tr>
<td>Violence – Related Behaviors, Bullying</td>
<td>18-23</td>
</tr>
<tr>
<td>Physical Fighting, Dating Violence</td>
<td>24-26</td>
</tr>
<tr>
<td>Suicide</td>
<td>27-29</td>
</tr>
</tbody>
</table>

## Tobacco Use

<table>
<thead>
<tr>
<th>Topic</th>
<th>Page</th>
</tr>
</thead>
<tbody>
<tr>
<td>Rationale</td>
<td>29</td>
</tr>
<tr>
<td>Cigarette Smoking</td>
<td>30-33</td>
</tr>
<tr>
<td>Cigar Smoking</td>
<td>34</td>
</tr>
<tr>
<td>Smokeless Tobacco</td>
<td>34</td>
</tr>
</tbody>
</table>

## Alcohol and Other Drug Use

<table>
<thead>
<tr>
<th>Topic</th>
<th>Page</th>
</tr>
</thead>
<tbody>
<tr>
<td>Rationale</td>
<td>35</td>
</tr>
<tr>
<td>Alcohol Use</td>
<td>36-39</td>
</tr>
<tr>
<td>Drug Use</td>
<td>40-45</td>
</tr>
</tbody>
</table>
Table of Contents (continued)

Sexual Behaviors that Result in HIV Infection, Other Sexually Transmitted Diseases (STDs) and Unintended Pregnancies

Rationale ................................................................. 46
Sexual Activity .......................................................... 47-50
AIDS & HIV Infection ............................................... 50-52

Dietary Behaviors
Rationale ................................................................. 52
Obesity ................................................................. 53-56
Nutrition ................................................................. 56-62

Physical Activity
Rationale ................................................................. 62
Physical Activity / Physical Education ......................... 63-64
Physical Inactivity ...................................................... 65

Other Health Related Topics / Information
Rationale ................................................................. 66
Asthma ................................................................. 66

2013 Youth Risk Behavior Survey Questionnaire ............ 67-76
(Includes scientifically tabulated results)

References ............................................................... 77-82
Acknowledgments

Arkansas’ 2013 Youth Risk Behavior Survey (YRBS) was conducted by the Arkansas Department of Education, School Health Services office.

The Arkansas Department of Education extends sincere appreciation to the superintendents, principals, counselors and teachers of the selected schools who so graciously gave of their time and energy to see this survey through to its completion. Additional thanks to the parents who approved their children’s participation in the survey and to the Arkansas students who completed the Youth Risk Behavior Survey questionnaires during the spring of 2013.

Special thanks to the many organizations and individuals who provided support and cooperation for the 2013 Arkansas Youth Risk Behavior Survey, including:

- The United States Centers for Disease Control and Prevention, which provided funding for the project through its Cooperative Agreement: *Improving Health and Educational Outcomes of Young People*.
- The United States Centers for Disease Control and Prevention, Division of Adolescent and School Health’s Surveillance Research Section, which developed the survey process and questionnaire, and provided technical assistance.
- WESTAT, Inc., Survey Technical Assistance Project, which provided technical assistance, analyzed questionnaires, and tabulated the results.
- Other state and national agencies which supported or endorsed this project in a variety of ways.
What is the Youth Risk Behavior Survey?

Developed by the United States Centers for Disease Control and Prevention (CDC) in Atlanta Georgia, the 96-item, multiple choice Youth Risk Behavior Survey (YRBS) questionnaire was tested and revised several times prior to implementation to assure that results would be both accurate and useful.

During the spring 2013, 1,547 ninth through twelfth grade students who attended selected classes at scientifically sampled Arkansas public schools completed a self-administered, anonymous, 99-item questionnaire. The information voluntarily provided by the students provided representative results for Arkansas students as a group.

Specific questions about health behaviors were professionally written and were included only if they were related to the leading cause for death or illness of youth in the nation and the state. The Youth Risk Behavior Survey is a reliable source of information on the drug-related and disease-producing behaviors of Arkansas’ high school students.

Why did Arkansas Conduct the Youth Risk Behavior Survey?

The Youth Risk Behavior Survey will help Arkansas identify public school students’ current health and safety habits so that improvements can be made where needed. Healthy lifestyles for Arkansas students mean longer, more productive lives for the states’ young people, as well as improved learning in the classroom.

People develop behavior patterns in their teen years, which can eventually strengthen or threaten their quality and length of life. Currently, many adolescents in the United States use tobacco, eat too much fat and too few fruits and vegetables, and fail to exercise regularly. Approximately 400,000 deaths a year in the U.S. are currently associated with overweight and obesity and, left unabated, overweight and obesity may soon overtake tobacco as the leading cause of death.\(^{64}\) Programs such as regular physical education classes, comprehensive health education classes, that include nutrition courses and drug education, and safety training can be used to equip students with disease-prevention skills and injury-prevention information.

Arkansas’ state results can be compared with findings of the national and other states’ Youth Risk Behavior Survey results.
The 2013 YRBS also provides Arkansas with measures for evaluating future trends in health habits of youth. Survey results can serve as a valuable tool, particularly for legislators, policy makers, school administrators and teachers as they make decisions about new disease-prevention and health-promotion policies, services, programs and educational activities. Parents and students can use these results to evaluate potential changes toward better health. Specifically, the YRBS’ findings form a valuable base upon which Arkansas can strengthen its ability to:

- establish disease prevention and health promotion policies;
- plan and implement programs and services;
- secure funding for programs;
- allocate limited resources toward targeted needs and priorities;
- conduct future research and note progress or deficiencies, and enact laws to prevent injuries and unnecessary deaths.

How was the Youth Risk Behavior Survey Conducted?

During the spring, 2013, ninth through twelfth grade students enrolled in scientifically sampled public high schools completed the Arkansas Youth Risk Behavior Survey or YRBS. The classes that participated were randomly selected from master schedules submitted by these sampled schools. Although schools for incarcerated youth were not included in this initial survey, all of the other public high schools in the Arkansas Department of Education system were eligible to be selected.

Who Participated in the Youth Risk Behavior Survey?

Virtually every Arkansas public school student enrolled in grades nine through twelve – and every class at those grade levels – had an equal chance of being selected to complete a YRBS questionnaire. Research guidelines and modern computer technology from the U.S. Centers for Disease Control and Prevention were followed to make all selections scientifically. Following strict research procedures also ensure that:

- selected schools, their administrators, parents, and students were informed and voluntarily agreed to participate, and
- student identity remained anonymous in all reports.

The Youth Risk Behavior Survey was completed by 1,547 students in 38 public high schools in Arkansas during the spring of 2013. The school response rate was 83%, the student response rate was 81%, and the overall response rate was 65%. The results are representative of all students in grades 9-12. Researchers call such results or data “weighted,” which simply means each participant’s answer represented that individual plus some others who were similar to that individual. Overall, Arkansas’ 2013 YRBS results are representative of what Arkansas’ ninth through twelfth public high school students as a group would have reported.
About This Report

This report entitled “2013 Arkansas Youth Risk Behavior Survey” summarizes the overall answers Arkansas’ public high school students reported about alcohol, tobacco, and other health risk behaviors. Arkansas’ survey of public schools provides a “snapshot” of Arkansas high school students’ behaviors. The survey contains questions related to:

- behaviors that result in unintentional injuries and violence;
- tobacco use;
- alcohol and other drug use;
- sexual behaviors that result in HIV infection, other sexually transmitted diseases (STDs), and unintended adolescent pregnancies;
- dietary behaviors; and
- physical activity.

This report summarizes Arkansas’ findings on the priority health risks that result in the most significant causes of death and disability of youth in Arkansas. Written for concerned educators, policy makers, parents and youth, this YRBS report provides a brief overview of:

- the survey’s process and procedures;
- survey questions;
- students answers;
- percentage of YRBS participants giving those answers; and
- major summary findings and conclusions.

The Youth Risk Behavior Surveillance System (YRBSS) was designed to focus the nation on behaviors among youth related to the leading causes of mortality and morbidity among both youth and adults and to assess how these risk behaviors change over time.\(^{(64)}\)

Additional information about the national, state and local YRBS is available at: www.cdc.gov/healthyyouth/data/yrbs/index.htm
How Results Can Be Interpreted

Arkansas’ 2013 Youth Risk Behavior Survey is a “snapshot in time” showing those drug-related and disease-producing behaviors reported by high school students during spring, 2013.

Answers in this survey were only as accurate as the student’s self reporting. Each student interpreted the terms in each question according to his or her own definitions. For instance do “french fries” qualify as a vegetable? Is low-fat ground beef still considered to be “hamburger”? Is a pocket knife a “weapon”? What area does “on school property” include?

In some cases, the findings could under-or-over-report. Some students chose not to answer certain questions, meaning that all students surveyed were not represented in every response.

However, the percentage of participating students was sufficiently high so that survey findings could be identified as accurate, correct, or “valid at the 95% confidence level.” That is, if the survey was to be repeated 100 times, 95 times out of 100, similar results would be found. For each of the 99 questions, different ranges or possible margins of error (confidence intervals) were significantly calculated.

Percentages are reported in this survey for behavior-related questions and were rounded according to Centers for Disease Control and Prevention (CDC) guidelines. Odd half number (e.g., 7.5% or 75.5%) were rounded up (e.g., to 8% or 76% respectively) and even half numbers (e.g., 8.5% or 22.5%) were rounded down (e.g., to 8% or 22% respectively). Based on this rounding system, total percentages may be more or less than 100%.

Interested individuals may request additional information. Researchers and professionals wanting to build upon Arkansas’ 2013 YRBS data may request detailed frequency tables from:

Arkansas Department of Education
School Health Services
Four Capitol Mall, Mail Slot #14
Little Rock, AR  72201
Ph:(501) 683-3604

Kathleen Courtney,  YRBS Coordinator
kathleen.courtney@arkansas.gov


www.arkansascsh.org
Demographics of Survey Participants

- **Gender**
  
  Total number of survey participants = 1,547

  - **Males**: 50%
  - **Females**: 49%

- **Age**
  
  Total number of survey participants = 1,547

  - 14: 8%
  - 15: 23%
  - 16: 28%
  - 17: 22%
  - 18+: 18%
**Grade**

Total number of survey participants = 1,547

- 12th: 22%
- 11th: 24%
- 10th: 26%
- 9th: 28%

**Race**

Total number of survey participants = 1,547

- White *: 66%
- Black*: 22%
- Hispanic: 8%
- Other**: 2%

* Non-Hispanic

** Other includes American Indian or Native American; Asian; Native Hawaiian or Other Pacific Islander; Multiple – Hispanic; Multiple – Non-Hispanic.
Summary Graph

Number of students in a class of 30 who:

- Never or rarely wore a seatbelt when riding in a car: 4.1
- Carried a weapon during the past 30 days: 8.1
- Attempted suicide during the past 12 months: 3.2
- Smoked cigarettes during the past 30 days: 5.7
- Drank alcohol during the past 30 days: 10.9
- Used marijuana during the past 30 days: 5.7
- Ever had sexual intercourse: 14.8
- Were not physically active for a total of at least 60 minutes per day on 7 or more of the past 7 days: 21.8
- Did not attend PE class daily: 23.1
- Did not eat fruits and vegetables 5 or more times per day: 27.3
YOUTH RISK BEHAVIOR SURVEY

Trend Data 1995 – 2013 *

Students who did not go to school because they felt unsafe

Students who had been threatened with a weapon on school property.

Students who had been in a physical fight on school property

Students who had seriously considered suicide during past 12 months

Students who had ever tried smoking cigarettes

Students who had at least one drink of alcohol

Students who ever used marijuana one or more times

Students who were offered, sold, or given an illegal drug on school property

Students who attended daily PE classes in average school week

* 2013 Arkansas did not receive weighted data.
Key Findings

The following summaries highlight Arkansas students’ responses on the Youth Risk Behavior survey in key areas, and provides an overview of Arkansas students’ current activities which impact their health.

Key Findings Related to Behaviors that Result in Unintentional Injuries and Violence

- Twenty-seven percent of students indicated that they carried a weapon on one or more of the past 30 days. Nine percent of students indicated that they carried a weapon on school property on one or more of the past 30 days.
- Twenty-seven percent of students reported being in at least one physical fight in the previous year. Involvement in fights occurring on school property over the year prior to the survey were reported by 11 percent of respondents.
- Twenty-three percent of the students reported that within the 30 days preceding the survey they had been a passenger in a car or other vehicle driven by someone who had been drinking alcohol. Eleven percent of the students reported that they had driven a car or other vehicle at least once during the previous 30 days after drinking alcohol.
- Nineteen percent of students seriously considered attempting suicide during the year prior to the survey. Ten percent of respondents actually attempted suicide during this same time frame.
- Fourteen percent of students reported they were physically hurt (including being hit or slapped) on purpose by their boyfriend or girlfriend in the previous year.

Key Findings Related to Tobacco Use

- Fifty-two percent of Arkansas high school students had tried cigarette smoking. Sixteen percent smoked a whole cigarette for the first time before age 13. Fourteen percent of students used chewing tobacco at least once during the 30 days prior to the survey.
- Twelve percent of respondents reported that they usually got their own cigarettes by buying them in a store or gas station during the 30 days prior to the survey.
- During the 30 days prior to the survey, 11% of students had smoked 10+ cigarettes/day and 14% of students had used chewing tobacco, dip or snuff the previous 30 days.

Key Findings Related to Alcohol and Other Drug Use

- Students who reported they had at least one drink of alcohol during their life were 64% of ninth graders, 63% of tenth graders, 68% of eleventh graders, and 74% of twelfth graders. Twenty-six percent of students had their first drink of alcohol prior to age 13. Ten percent of students reported using marijuana for the first time before age 13.
- Seven percent of students indicated they had used methamphetamines one or more times in their life.
Eight percent of students indicated they had used cocaine (any form) on one or more times during their life, with 8% reporting using ecstasy one or more times.

Thirteen percent of students reported sniffing glue, breathing the contents of aerosol spray cans or inhaling any paints or sprays during their life.

Forty-six percent of students reported they drank a usual type of alcohol (not including beer) during the 30 days prior to the survey.

Twenty-seven percent of students had someone offer, sell, or give them an illegal drug on school property during the year prior to the survey.

Key Findings Related to Sexual Behaviors that result in HIV Infection, Sexually Transmitted Diseases (STDs), and Unintended Pregnancies

Forty-nine percent of Arkansas high school students reported that they had sexual intercourse. Eight percent reported that they had sexual intercourse for the first time prior to age 13. Twenty percent reported having sexual intercourse with four or more people during their life.

Of students who had sexual intercourse during the past three months, 51% used a condom and 20% used birth control pills during the last sexual intercourse to prevent pregnancy.

Of the students who had sexual intercourse during the past 3 months, 20% reported drinking alcohol or used drugs before last sexual intercourse.

Seventy-six percent of students reported being taught about AIDS or HIV infection in school.

Key Findings Related to Dietary Behaviors

Thirty-two percent of students described themselves as slightly or very overweight. Forty-eight percent were trying to lose weight. Sixty percent of the female students and 36% of the male students reported trying to lose weight.

Eighty-four percent of students reported that they had eaten fruit one or more times during the seven days prior to the survey. Fifty-eight percent had eaten a green salad and 77% had eaten vegetables (other than carrots) one or more times during the seven days prior to the survey.

Thirty-one percent of students reported they had drank a can, bottle, or glass of soda pop one or more times a day during the 7 days prior to the survey.

Key Findings Related to Physical Activity

Thirty-six percent of the students reported they attended PE Classes on one or more days in an average school week.

Forty-three percent of students reported they were physically active for 60 minutes or more per day on five or more days of the past seven days.

Thirty-two percent of the students reported watching three or more hours of TV on an average school day.
Behaviors that Result in Unintentional Injuries and Violence

This section addresses personal safety and violence and included questions about physical fights, weapons, vehicle safety and suicide.

Rationale

- **Vehicle Safety — Helmet Use**: In 2000-2001, bicycle activities were the third leading type of sports and recreation-related activities in which 15-19 year old males were injured and treated at an emergency department. Head injury is the leading cause of death in bicycle crashes, and use of bicycle helmets is the single most effective way of reducing head injury and fatalities. Estimates indicate bicycle helmets might prevent approximately 56% of bicycle related deaths.

- **Vehicle Safety — Seat Belts**: Motor-vehicle related injuries kill more young adults aged 15-19 years than any other single cause in the United States. Safety belts, when used, reduce the risk of fatal injury to front-seat passenger car occupants by 45% and the risk of moderate-to-critical injury by 50%.

- **Vehicle Safety — Drinking and Driving/Texting**: In 2008, 22% of 15-20 year old drivers who were killed in motor vehicle crashes and 4% of those injured in crashes had been drinking alcohol. In 2010, 15% of fatally injured passenger vehicle drivers ages 16-17 year old had a blood alcohol concentration (BAC) of .08 grams per deciliter at the time of the crash. Among students nationwide, the prevalence of texting while driving one or more times in the 30 days before the survey was 33%.

- **Violence-Related Behaviors**: Homicide is the second leading cause of death among all youth ages 15-19 years (9.6 per 100,000) and is the leading cause of death among black youth aged 15-19 years (33.8 per 100,000). Approximately 12% of homicide victims in the United States in 2010 were aged 13-19. Of all violent deaths that occurred on school property between 1994 and 2006, 65% involved firearms. Bullying victimization is associated with depression, suicidal ideation, self-injury, suicide attempts, increased odds of repeated common health problems, school absenteeism, psychological distress, and feeling unsafe at school. Electronic bullying victimization has been associated with discipline problems in school, skipping school, weapon carrying, psychological distress, lower self-esteem, social anxiety, depression, suicidal ideation, self-injury, and suicide attempts.

- **Violence- Physical Fighting**: Physical fighting is a marker for other problem behaviors and is associated with serious injury-related outcomes. Intimate partner abuse victimization is associated with participation in other high risk behaviors. Forced sexual intercourse is associated with negative psychological and mental health consequences.

- **Violence — Suicide**: Suicide is the third leading cause of death among youth aged 15-19. The suicide rate for persons aged 15-19 was 7.8 per 100,000 in 2009 up from 7.3 per 100,000 in 2006.
Vehicle Safety

These questions measure the frequency with which students take safety precautions when riding in a motor vehicle, riding a motorcycle or a bicycle.

Among Students who rode a bicycle during the past 12 months, the percentage who never or rarely wore a bicycle helmet.

Percentage of students who never or rarely wore a seat belt when riding in a car driven by someone else.
Percentage of students who never or rarely wore a helmet when they rode an all-terrain vehicle (ATV) during the past 12 months.

- Total: 55%
- Male: 60%
- Female: 50%
- 9th: 63%
- 10th: 52%
- 11th: 50%
- 12th: 52%
- Black*: 36%
- Hispanic: 33%
- White*: 64%

* Non Hispanic

Percentage of students who drove a car or other vehicle on one or more of the past 30 days who texted or e-mailed while driving.

- Total: 49%
- Male: 48%
- Female: 48%
- 9th: 30%
- 10th: 39%
- 11th: 56%
- 12th: 68%
- Black*: 50%
- Hispanic: 49%
- White*: 49%

* Non Hispanic

Missing bars indicate fewer than 100 students in the subgroup.
Among students who drove a car or other vehicle during the past 30 days, the percentage who talked on a cell phone while driving on one or more of the past 30 days.

![Graph showing the percentage of students who talked on a cell phone while driving](image)

* Non Hispanic

Missing bars indicate fewer than 100 students in the subgroup

---

**Vehicle Safety – Drinking and Driving**

These questions measure the frequency with which students ride as a passenger or driver in a motor vehicle operated under the influence of alcohol or drugs.

Percentage of students who rode in a car or other vehicle driven by someone who had been drinking alcohol one or more times during the past 30 days.

![Graph showing the percentage of students who rode in a car or other vehicle driven by someone who had been drinking alcohol](image)

* Non Hispanic
Percentage of students who drove a car or other vehicle when they had been drinking alcohol one or more times during the past 30 days.

![Percentage of students who drove a car or other vehicle when they had been drinking alcohol one or more times during the past 30 days.](image)

* Non Hispanic

Missing bars indicate fewer than 100 students in the subgroup

---

**Violence – Related Behaviors**

_These questions measure violence-related behaviors._

Percentage of students who carried a weapon such as a gun, knife or club on one or more of the past 30 days.

![Percentage of students who carried a weapon such as a gun, knife or club on one or more of the past 30 days.](image)

* Non Hispanic
Percentage of students who carried a gun on one or more of the past 30 days.

* Non Hispanic

Percentage of students who carried a gun, knife, or club on school property on one or more of the past 30 days.

* Non Hispanic
Percentage of students who did not go to school because they felt they would be unsafe at school or on their way to or from school on one of the past 30 days.

- Total: 10%
- Male: 9%
- Female: 8%
- 9th: 9%
- 10th: 12%
- 11th: 8%
- 12th: 8%
- Black*: 14%
- Hispanic: 12%
- White*: 7%

* Non Hispanic

Percentage of students who had been threatened or injured with a weapon such as a gun, knife, or club on school property one or more times during the past 12 months.

- Total: 10%
- Male: 12%
- Female: 8%
- 9th: 11%
- 10th: 12%
- 11th: 10%
- 12th: 8%
- Black*: 10%
- Hispanic: 12%
- White*: 10%

* Non Hispanic
Percentage of students who had property, such as their car, clothing, or books stolen or deliberately damaged on school property one or more times during the past 12 months.

**Percentage of students who had ever been bullied on school property during the past 12 months.**
Percentage of students who had ever been electronically bullied during the past 12 months.

<table>
<thead>
<tr>
<th></th>
<th>Total</th>
<th>Male</th>
<th>Female</th>
</tr>
</thead>
<tbody>
<tr>
<td>9th</td>
<td>19%</td>
<td>16%</td>
<td>18%</td>
</tr>
<tr>
<td>10th</td>
<td>19%</td>
<td>16%</td>
<td>16%</td>
</tr>
<tr>
<td>11th</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>12th</td>
<td>14%</td>
<td>16%</td>
<td>19%</td>
</tr>
</tbody>
</table>

* Non Hispanic

Percentage of students who most of the time or always feel safe and secure at school.

<table>
<thead>
<tr>
<th></th>
<th>Total</th>
<th>Male</th>
<th>Female</th>
</tr>
</thead>
<tbody>
<tr>
<td>9th</td>
<td>72%</td>
<td>62%</td>
<td>70%</td>
</tr>
<tr>
<td>10th</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>11th</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>12th</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Black*</td>
<td>53%</td>
<td>62%</td>
<td>74%</td>
</tr>
<tr>
<td>Hispanic</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>White*</td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

* Non Hispanic
Percentage of students who had ever been the victim of teasing or name calling during the past 12 months because someone thought they were gay, lesbian, or bisexual.

Percentage of students who disagree or strongly disagree that harassment and bullying by other students is a problem at their school.

* Non Hispanic
Percentage of students who responded that there is at least one teacher or adult in this school that they can talk to if they have a problem.

* Non Hispanic

Violence – Physical Fighting

These questions measure the frequency and severity of physical fights and the persons with whom students fight.

Percentage of students who were in a physical fight one or more times during the past 12 months.

* Non Hispanic
Percentage of students who were injured in a physical fight and had to be treated by a doctor or nurse one or more times during the past 12 months.

* Non Hispanic

Percentage of students who were in a physical fight on school property one or more times during the past 12 months.

* Non Hispanic
Among students who dated, the percentage who had been physically hurt on purpose by someone they were dating or going out with one or more time during the past 12 months.

Among students who dated, the percentage of students who had been forced by someone they were dating to do sexual things they did not want to do one or more time in the past 12 months.
Violence – Suicide

These questions measure attempted suicides and the seriousness of those attempts.

Percentage of students who felt so sad or hopeless everyday for two weeks or more in a row that they stopped doing some usual activities during the past 12 months.

Percentage of students who seriously considered attempting suicide during the past 12 months.
Percentage of students who made a plan about how they would attempt suicide during the past 12 months.

- Total: 16%, Male: 15%, Female: 18%
- 9th: 17%, 10th: 24%, 11th: 15%, 12th: 9%
- Black*: 16%, Hispanic: 26%, White*: 15%

* Non Hispanic

Percentage of students who actually attempted suicide one or more times during the past 12 months.

- Total: 10%, Male: 9%, Female: 12%
- 9th: 12%, 10th: 14%, 11th: 8%, 12th: 8%
- Black*: 12%, Hispanic: 15%, White*: 9%

* Non Hispanic

Missing bars indicate fewer than 100 students in the subgroup
**Percentage of students whose suicide attempt resulted in an injury, poisoning, or overdose that had to be treated by a doctor or nurse during the past 12 months.**

<table>
<thead>
<tr>
<th></th>
<th>0%</th>
<th>1%</th>
<th>2%</th>
<th>3%</th>
<th>4%</th>
<th>5%</th>
<th>6%</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Total</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td>4%</td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>Male</strong></td>
<td></td>
<td></td>
<td>2%</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>Female</strong></td>
<td></td>
<td></td>
<td>4%</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>9th</strong></td>
<td></td>
<td></td>
<td>4%</td>
<td></td>
<td></td>
<td>6%</td>
<td></td>
</tr>
<tr>
<td><strong>10th</strong></td>
<td></td>
<td></td>
<td></td>
<td>1%</td>
<td>4%</td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>11th</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td>4%</td>
</tr>
<tr>
<td><strong>12th</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td>4%</td>
</tr>
<tr>
<td><strong>Black</strong>*</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td>6%</td>
</tr>
<tr>
<td><strong>Hispanic</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td>4%</td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>White</strong>*</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td>3%</td>
</tr>
</tbody>
</table>

* Non Hispanic

Missing bars indicate fewer than 100 students in the subgroup.

---

**Tobacco Use**

*This section addresses students use of tobacco products and includes questions about the age at which students first used tobacco products and how often they use them now.*

**Rationale**

- Cigarette smoking is the leading cause of preventable death in the United States\(^{(16)}\) and accounts for approximately 440,000 deaths each year.\(^{(17)}\) Cigarette smoking increases risk of heart disease; chronic obstructive pulmonary disease; acute respiratory illness; stroke; and cancers of the lung, larynx, oral cavity, pharynx, pancreas, and cervix.\(^{(16, 20)}\) In addition, as compared to nonsmokers, cigarette smokers are more likely to drink alcohol, use marijuana and cocaine, engage in physical fighting, carry a weapon, and attempt suicide.\(^{(18-20)}\) If current patterns of smoking behavior persist, an estimated 6.4 million U.S. persons who were under the age of 18 in 2000 could die prematurely from smoking-related illnesses.\(^{(22)}\)

- Use of smokeless tobacco products increases the risk of developing cancer of the oral cavity.\(^{(23)}\) Smokeless tobacco use also causes an increased risk of heart disease and stroke.\(^{(24)}\) Other oral health problems strongly associated with smokeless tobacco use are leukoplakia and recession of the gums.\(^{(20, 25, 27)}\)
Tobacco Use – Cigarette Smoking

These questions measure smoking experimentation, current smoking patterns, age of initiation, and attempt to quit smoking cigarettes.

**Percentage of students who ever tried cigarette smoking, even one or two puffs.**

![Bar chart showing percentages of students who ever tried cigarette smoking.](chart1)

*Non Hispanic

**Percentage of students who smoked a whole cigarette for the first time before age 13 years.**

![Bar chart showing percentages of students who smoked a whole cigarette for the first time.](chart2)

*Non Hispanic
Percentage of students who smoked cigarettes on one or more of the past 30 days.

- Total: 19%
- Male: 22%
- Female: 16%
- 9th: 15%
- 10th: 18%
- 11th: 18%
- 12th: 25%
- Black*: 12%
- Hispanic: 14%
- White*: 22%

* Non Hispanic

Percentage of students who smoked cigarettes on 20 or more of the past 30 days.

- Total: 8%
- Male: 9%
- Female: 6%
- 9th: 5%
- 10th: 6%
- 11th: 6%
- 12th: 12%
- Black*: 4%
- Hispanic: 6%
- White*: 8%

* Non Hispanic
Among students who are less than 18 years of age and who are current smokers, the percentage who usually got their own cigarettes by buying them in a store or gas station during the past 30 days.

Percentage of students who smoked cigarettes on school property on one or more of the past 30 days.
Percentage of students who ever smoked cigarettes daily, that is, at least one cigarette every day for 30 days.

Among students who are current smokers, the percentage who ever tried to quit smoking during the past 12 months.
Percentage of students who smoked cigars, cigarillos, or little cigars on one or more of the past 30 days.

![Graph showing percentage of students smoking cigars, cigarillos, or little cigars by gender and grade level.]

*Non Hispanic

Tobacco Use – Smokeless Tobacco

These questions measures smokeless tobacco use.

Percentage of students who used chewing tobacco, snuff, or dip on one or more of the past 30 days.

![Graph showing percentage of students using smokeless tobacco by gender and grade level.]

*Non Hispanic
Alcohol and Other Drug Use

This section addresses students use of alcohol, marijuana, cocaine, steroids and other illegal drugs. The questions in this section ask the age at which students first used these substances and how often they use them now.

Rationale

- **Alcohol Use**: Motor vehicle crashes are the leading cause of death among youth aged 15-19 in the United States and alcohol use is associated with 22% of all traffic-related fatalities, including 18% of all traffic fatalities among drivers 16-20 years of age.\(^6,70\) Heavy alcohol drinking and binge drinking among youth is associated with risky sexual behaviors, being a victim of dating violence, and use of cigarettes,\(^{29,63}\) marijuana, cocaine, and other illegal drugs.\(^{30}\) Limiting youth access to alcohol has reduced underage drinking and alcohol-related problems.\(^{31}\)

- **Drug Use**: Among youth, illicit drug use is related with heavy alcohol and tobacco use,\(^{32}\) violence and delinquency,\(^{33-36}\) and suicide.\(^{71}\)

These questions measure frequency of alcohol use, age of initiation of drinking, and heavy drinking.

Percentage of students who had at least one drink of alcohol on one or more days during their life.

![Percentage Chart]

* Non Hispanic
Percentage of students who had their first drink of alcohol other than a few sips before age 13 years.

<table>
<thead>
<tr>
<th></th>
<th>Total</th>
<th>Male</th>
<th>Female</th>
</tr>
</thead>
<tbody>
<tr>
<td>9th</td>
<td>26%</td>
<td>30%</td>
<td>20%</td>
</tr>
<tr>
<td>10th</td>
<td>31%</td>
<td>32%</td>
<td>30%</td>
</tr>
<tr>
<td>11th</td>
<td>20%</td>
<td>16%</td>
<td>26%</td>
</tr>
<tr>
<td>12th</td>
<td>32%</td>
<td>31%</td>
<td>30%</td>
</tr>
<tr>
<td>Black*</td>
<td>26%</td>
<td>23%</td>
<td>25%</td>
</tr>
<tr>
<td>Hispanic</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>White*</td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

* Non Hispanic

Percentage of students who had at least one drink of alcohol on one or more of the past 30 days.

<table>
<thead>
<tr>
<th></th>
<th>Total</th>
<th>Male</th>
<th>Female</th>
</tr>
</thead>
<tbody>
<tr>
<td>9th</td>
<td>31%</td>
<td>30%</td>
<td>34%</td>
</tr>
<tr>
<td>10th</td>
<td>30%</td>
<td>34%</td>
<td>31%</td>
</tr>
<tr>
<td>11th</td>
<td>40%</td>
<td>45%</td>
<td>40%</td>
</tr>
<tr>
<td>12th</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Black*</td>
<td>32%</td>
<td>34%</td>
<td>38%</td>
</tr>
<tr>
<td>Hispanic</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>White*</td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

* Non Hispanic
Percentage of students who had five or more drinks in a row, that is, within a couple of hours, on one or more of the past 30 days.

![Bar chart showing percentage of students who had five or more drinks in a row, by gender and grade level.]

* Non Hispanic

Percentage of students who had at least ten or more drinks of alcohol in a row, that is, within a couple of hours, during the past 30 days.

![Bar chart showing percentage of students who had at least ten or more drinks in a row, by gender and grade level.]

* Non Hispanic
Percentage of students who drank a usual brand of beer during the past 30 days.

* Non Hispanic

Percentage of students who drank a usual type of alcohol during the past 30 days (vodka, rum, scotch, bourbon, or whiskey).

* Non Hispanic

Missing bars indicate fewer than 100 students in the subgroup
Percentage of students who usually got the alcohol they drank from someone who gave it to them during the past 30 days.

- **Total**: 38% (Male: 30%, Female: 48%)
- **9th**: 38%, 42%, 40%
- **10th**: 38%, 42%, 40%
- **11th**: 38%, 42%, 40%
- **12th**: 38%, 42%, 40%
- **Black**: 41%
- **Hispanic**: Missing bars indicate fewer than 100 students in the subgroup
- **White**: Missing bars indicate fewer than 100 students in the subgroup

*Non Hispanic*

---

Percentage of students who reported their home or another person’s home as their usual place they usually drank alcohol during the past 30 days.

- **Total**: 82%, 80%, 86%
- **9th**: 80%, 84%, 86%
- **10th**: 80%, 84%, 86%
- **11th**: 80%, 84%, 86%
- **12th**: 81%
- **Black**: 85%
- **Hispanic**: Missing bars indicate fewer than 100 students in the subgroup
- **White**: Missing bars indicate fewer than 100 students in the subgroup

*Non Hispanic*
Drug Use

These questions measure frequency of alcohol use, age of initiation of marijuana and cocaine use.

Percentage of students who used marijuana one or more times during their life.

Percentage of students who tried marijuana for the first time before age 13 years.

* Non Hispanic
Percentage of students who tried marijuana one or more times during the past 30 days.

Percentage of students who used any form of cocaine, including powder, crack, freebase or one or more times during their life.
Percentage of students who sniffed glue, breathed contents of aerosol spray cans, or inhaled any paint or sprays to get high one or more times during their life.

* Non Hispanic

Percentage of students who used heroin one or more times during their life.

* Non Hispanic
Percentage of students who used methamphetamines one or more times during their life.

*Non Hispanic

Percentage of students who used ecstasy one or more times during their life.

*Non Hispanic
Percentage of students who took steroid pills or shots without a doctor’s prescription one or more times during their life.

* Non Hispanic

Percentage of students who used a needle to inject any illegal drug into their body one or more times during their life.

* Non Hispanic
Percentage of students who have taken a prescription drug (such as OxyContin, Percocet, Vicodin, Codeine, Adderall, Ritalin, or Xanax) without a doctor’s prescription one or more times during their life.

Percentage of students who were offered, sold, or given an illegal drug on school property by someone during the past 12 months.
Sexual Behaviors that Contribute to HIV Infection, Other Sexually Transmitted Diseases (STDs), and Unintended Pregnancies.

This section addresses students receiving information about AIDS or HIV infection, whether they have had sexual intercourse, the frequency with which they have sex and whether they use a method to prevent pregnancy.

Rationale

- **Sexual Activity:** Early initiation of sexual intercourse is associated with having a greater number of lifetime sexual partners. In addition, adolescents who initiate sexual intercourse early are less likely to use contraception and are at higher risk for STDs and pregnancy.

- **AIDS, HIV & STDs:** Estimates suggest that while representing 25% of the ever sexually active population, persons aged 15- to 24-years acquire nearly half of all new STDs. Gonorrhea rates are highest among females between the ages of 15 and 19 (570.9 cases per 100,000 females) and males between the ages of 20 and 24 (421.0 cases per 100,000 males). Between 2006 and 2009, the rate of HIV infection reporting increased 24% among persons ages 13-19 years and 31% among persons aged 20- to 24 years. By the end of 2008, in the 40 states with confidential name-based HIV infection reporting there were an estimated 7,859 persons ages 13-19 living with a diagnosis of HIV infection and 3,388 living with a diagnosis of AIDS.
Sexual Activity

These questions measure the prevalence of sexual activity, number of sexual partners, age of first intercourse, and alcohol and drug use related to sexual activity.

Percentage of students who ever had sexual intercourse.

Percentage of students who had sexual intercourse for the first time before age 13 years.

* Non Hispanic
Percentage of students who had sexual intercourse with four or more people during their life.

<table>
<thead>
<tr>
<th></th>
<th>Total</th>
<th>Male</th>
<th>Female</th>
</tr>
</thead>
<tbody>
<tr>
<td>9th</td>
<td>18%</td>
<td>20%</td>
<td>16%</td>
</tr>
<tr>
<td>10th</td>
<td>12%</td>
<td>12%</td>
<td>22%</td>
</tr>
<tr>
<td>11th</td>
<td>27%</td>
<td>18%</td>
<td>12%</td>
</tr>
<tr>
<td>12th</td>
<td>26%</td>
<td>18%</td>
<td>15%</td>
</tr>
<tr>
<td>Black* Hispanic</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>White*</td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

* Non Hispanic

Percentage of students who had sexual intercourse with one or more people during the past 3 months.

<table>
<thead>
<tr>
<th></th>
<th>Total</th>
<th>Male</th>
<th>Female</th>
</tr>
</thead>
<tbody>
<tr>
<td>9th</td>
<td>24%</td>
<td>32%</td>
<td>44%</td>
</tr>
<tr>
<td>10th</td>
<td>36%</td>
<td>34%</td>
<td>48%</td>
</tr>
<tr>
<td>11th</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>12th</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Black* Hispanic</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>White*</td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

* Non Hispanic
Among students who had sexual intercourse during the past 3 months, the percentage who drank alcohol or used drugs before last sexual intercourse.

![Bar chart showing the percentage of students who drank alcohol or used drugs before last sexual intercourse.]

* Non Hispanic

Missing bars indicate fewer than 100 students in the subgroup

Among students who had sexual intercourse during the past 3 months, the percentage who used a condom during last sexual intercourse.

![Bar chart showing the percentage of students who used a condom during last sexual intercourse.]

* Non Hispanic

Missing bars indicate fewer than 100 students in the subgroup
Among students who had sexual intercourse during the past 3 months, the percentage who used birth control pills to prevent pregnancy before last sexual intercourse.

Percentage of students who had ever been taught about AIDS or HIV infection.
Percentage of students whose partner was three or more years older the first time they had sexual intercourse.

Percentage of students who have ever been tested for HIV, the virus that causes AIDS.
Percentage of students who have ever been tested for a sexually transmitted disease (STD).

![Bar chart showing the percentage of students tested for STDs by gender and grade level.]

* Non Hispanic

**Dietary Behaviors**

*This section addresses how students feel about their weight and what, if anything, they are doing to control their weight. The questions also inquire about how often students eat healthful foods and "junk" foods.*

**Rationale**

- **Obesity:** It is critical to continue monitoring height and weight because the prevalence of obesity among adolescents has tripled since 1980.\(^{(75)}\) Obesity during childhood and adolescence is associated with negative psychological and social consequences and adverse health outcomes, including type 2 diabetes, obstructive sleep apnea, hypertension, dyslipidemia, and the metabolic syndrome. Further, obese adolescents are more likely to become obese adults.\(^{(60,61)}\)

- **Nutrition:** There is probable evidence to suggest that dietary patterns with higher intakes of fruits and vegetables are associated with a decrease for some types of cancer,\(^{(44-46)}\) cardiovascular disease,\(^{(47)}\) and stroke.\(^{(48)}\) In recent years, sugar-sweetened beverage consumption has significantly increased among children and adolescents.\(^{(49, 77)}\)
Obesity

These questions measure self-perceptions of and efforts to modify body weight, including behaviors that may lead to eating disorders and other health problems.

Percentage of students who were overweight**

![Bar chart showing the percentage of students who were overweight by gender and grade level.]

** At or above the 85th percentile but below the 95th percentile for body mass index, by age and sex. Based on reference data from the 2000 CDC Growth Charts.

* Non-Hispanic

Percentage of students who were obese**

![Bar chart showing the percentage of students who were obese by gender and grade level.]

** At or above the 95th percentile for body mass index, by age and sex. Based on reference data from the 2000 CDC Growth Charts.

* Non-Hispanic
Percentage of students who described themselves as slightly or very overweight.

![Bar chart showing percentage of students who described themselves as slightly or very overweight.](chart1)

* Non Hispanic

Percentage of students who were trying to lose weight.

![Bar chart showing percentage of students who were trying to lose weight.](chart2)

* Non Hispanic
Percentage of students who went without eating for 24 hours or more to lose weight or to keep from gaining weight during the past 30 days.

**Percentage of students who took diet pills, powder, or liquids without a doctor’s advice to lose weight or to keep from gaining weight during the past 30 days.**

* Non Hispanic
Percentage of students who vomited or took laxatives to lose weight or to keep from gaining weight during the past 30 days.

<table>
<thead>
<tr>
<th></th>
<th>Total</th>
<th>Male</th>
<th>Female</th>
</tr>
</thead>
<tbody>
<tr>
<td>9th</td>
<td>9%</td>
<td>10%</td>
<td>8%</td>
</tr>
<tr>
<td>10th</td>
<td>6%</td>
<td>14%</td>
<td>8%</td>
</tr>
<tr>
<td>11th</td>
<td>8%</td>
<td>6%</td>
<td>7%</td>
</tr>
<tr>
<td>12th</td>
<td>12%</td>
<td>14%</td>
<td>7%</td>
</tr>
</tbody>
</table>

* Non Hispanic

Percentage of students who drank 100% fruit juices during the past 7 days.

<table>
<thead>
<tr>
<th></th>
<th>Total</th>
<th>Male</th>
<th>Female</th>
</tr>
</thead>
<tbody>
<tr>
<td>9th</td>
<td>72%</td>
<td>74%</td>
<td>70%</td>
</tr>
<tr>
<td>10th</td>
<td>74%</td>
<td>72%</td>
<td>71%</td>
</tr>
<tr>
<td>11th</td>
<td>74%</td>
<td>71%</td>
<td>70%</td>
</tr>
<tr>
<td>12th</td>
<td>82%</td>
<td>72%</td>
<td>68%</td>
</tr>
</tbody>
</table>

* Non Hispanic
Percentage of students who ate fruit one or more times during the past seven days.

- Total: 84%
- Male: 84%
- Female: 86%
- 9th: 86%
- 10th: 83%
- 11th: 84%
- 12th: 84%
- Black*: 80%
- Hispanic: 86%
- White*: 86%

* Non Hispanic

Percentage of students who ate green salad one or more times during the past seven days.

- Total: 58%
- Male: 54%
- Female: 62%
- 9th: 56%
- 10th: 58%
- 11th: 56%
- 12th: 62%
- Black*: 53%
- Hispanic: 69%
- White*: 58%

* Non Hispanic
Percentage of students who ate potatoes one or more times during the past seven days.

* Non Hispanic

Percentage of students who ate carrots one or more times during the past seven days.

* Non Hispanic
Percentage of students who ate other vegetables one or more times during the past seven days.

* Non Hispanic

Percentage of students who ate fruits and vegetables five or more times per day during the past seven days.

* Non Hispanic
Percentage of students who ate fruits or drank 100% fruit juices two or more times per day during the past seven days.

Percentage of students who ate vegetables three or more times per day during the past seven days.

* Non Hispanic
Percentage of students who drank a can, bottle, or glass of soda or pop one or more times per day during the past seven days.

* Non Hispanic

Percentage of students who drank three or more glasses of milk during the past seven days.

* Non Hispanic
**Physical Activity**

This section addresses how often students engage in physical activities that improve or maintain aerobic capacity, flexibility, and muscle strength. Students were also asked about school based physical activities including physical education classes and sports teams.

**Rationale**

- **Physical Activity:** Participation in regular physical activity among young people helps build and maintain healthy bones and muscles, control weight, build lean muscle, and reduce fat; reduces feelings of depression and anxiety; and promotes psychological well-being.\(^{(50)}\) Over time, regular physical activity decreases the risk of high blood pressure, heart disease, diabetes, some types of cancer, and premature death.\(^{(50)}\) School physical education classes can increase adolescent participation in physical activity\(^{(52-55, 64, 79)}\) and help high school students develop the knowledge, attitudes, and health skills they need to engage in lifelong physical activity.\(^{(53, 64)}\)

- **Physical Inactivity:** Watching TV and using a computer are considered sedentary behaviors. Among youth, time spent watching TV is associated with childhood and adult obesity \(^{(56, 58-59,-67, 68)}\) and youth who engage in less than two hours of TV viewing per day tend to be more active.\(^{(67)}\)
Physical Activity

These questions measure how active or inactive students are in relationship to their physical well being.

Percentage of students who attended physical education (PE) classes on one or more days in an average week when they were in school.

Percentage of students who attended physical education (PE) classes daily in an average week when they were in school.

* Non Hispanic
Percentage of students who were physically active for a total of 60 minutes or more per day on five or more of the past seven days.

* Non Hispanic

Percentage of students who played on one or more sports teams during the past 12 months.

* Non Hispanic
Percentage of students who watched three or more hours per day of TV on an average school day.

*Non Hispanic

Percentage of students who played video or computer games or used a computer for something that was not school work three or more hours per day on an average school day.

*Non Hispanic
Other Health-Related Topics

This section addresses other health-related topics and information.

- **Asthma**
  
  These questions deals with students’ perceived health status and asthma.

Rationale

- **Asthma:** Approximately 10.1 million (14%) U.S. children under 18 years have been diagnosed with asthma at some time in their lives.\(^{(78)}\) In 2004, children made 7 million visits to doctors’ offices and hospital outpatient departments, 754,000 visits to hospital emergency departments, and had 198,000 hospitalizations due to asthma.\(^{(62)}\)

### Percentage of students who had ever been told by a doctor or nurse they had asthma.

![Percentage Chart](chart.png)


* Non Hispanic
### 2013 Arkansas YRBS Questionnaire

<table>
<thead>
<tr>
<th>Question</th>
<th>#</th>
<th>%</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. How old are you?</td>
<td></td>
<td></td>
</tr>
<tr>
<td>1. 12 Years old or younger</td>
<td>5</td>
<td>0.4</td>
</tr>
<tr>
<td>2. 13 years old</td>
<td>4</td>
<td>0.4</td>
</tr>
<tr>
<td>3. 14 years old</td>
<td>107</td>
<td>8.2</td>
</tr>
<tr>
<td>4. 15 years old</td>
<td>324</td>
<td>23.1</td>
</tr>
<tr>
<td>5. 16 years old</td>
<td>461</td>
<td>28.5</td>
</tr>
<tr>
<td>6. 17 years old</td>
<td>373</td>
<td>21.8</td>
</tr>
<tr>
<td>7. 18 years or older</td>
<td>269</td>
<td>17.6</td>
</tr>
<tr>
<td></td>
<td>Missing</td>
<td>4</td>
</tr>
<tr>
<td>2. What is your sex?</td>
<td></td>
<td></td>
</tr>
<tr>
<td>1. Female</td>
<td>799</td>
<td>49.2</td>
</tr>
<tr>
<td>2. Male</td>
<td>738</td>
<td>50.8</td>
</tr>
<tr>
<td></td>
<td>Missing</td>
<td>10</td>
</tr>
<tr>
<td>3. In what grade are you?</td>
<td></td>
<td></td>
</tr>
<tr>
<td>1. 9th grade</td>
<td>350</td>
<td>27.8</td>
</tr>
<tr>
<td>2. 10th grade</td>
<td>432</td>
<td>25.8</td>
</tr>
<tr>
<td>3. 11th grade</td>
<td>415</td>
<td>23.9</td>
</tr>
<tr>
<td>4. 12th grade</td>
<td>332</td>
<td>22.1</td>
</tr>
<tr>
<td></td>
<td>Missing</td>
<td>12</td>
</tr>
<tr>
<td>4. Are you Hispanic or Latino?</td>
<td></td>
<td></td>
</tr>
<tr>
<td>1. Yes</td>
<td>153</td>
<td>7.9</td>
</tr>
<tr>
<td>2. No</td>
<td>1,371</td>
<td>92.1</td>
</tr>
<tr>
<td></td>
<td>Missing</td>
<td>23</td>
</tr>
<tr>
<td>5. What is your race?</td>
<td></td>
<td></td>
</tr>
<tr>
<td>1. Black *</td>
<td>211</td>
<td>21.7</td>
</tr>
<tr>
<td>2. Hispanic/Latino</td>
<td>148</td>
<td>7.7</td>
</tr>
<tr>
<td>3. White *</td>
<td>1,019</td>
<td>66.5</td>
</tr>
<tr>
<td>4. All other races</td>
<td>73</td>
<td>2.1</td>
</tr>
<tr>
<td>5. Multiple races</td>
<td>58</td>
<td>1.9</td>
</tr>
<tr>
<td></td>
<td>Missing</td>
<td>38</td>
</tr>
<tr>
<td>* Non-Hispanic</td>
<td></td>
<td></td>
</tr>
<tr>
<td>8. When you rode a bicycle during the past 12 months, how often did you wear a helmet?</td>
<td></td>
<td></td>
</tr>
<tr>
<td>1. Did not ride a bicycle</td>
<td>677</td>
<td>44.3</td>
</tr>
<tr>
<td>2. Never wore a helmet</td>
<td>743</td>
<td>48.8</td>
</tr>
<tr>
<td>3. Rarely wore a helmet</td>
<td>46</td>
<td>2.9</td>
</tr>
<tr>
<td>4. Sometimes wore a helmet</td>
<td>29</td>
<td>1.8</td>
</tr>
<tr>
<td>5. Most of the time wore a helmet</td>
<td>16</td>
<td>0.8</td>
</tr>
<tr>
<td>6. Always wore a helmet</td>
<td>23</td>
<td>1.5</td>
</tr>
<tr>
<td></td>
<td>Missing</td>
<td>13</td>
</tr>
<tr>
<td>9. How often do you wear a seatbelt when riding in a car driven by someone else?</td>
<td></td>
<td></td>
</tr>
<tr>
<td>1. Never</td>
<td>82</td>
<td>5.7</td>
</tr>
<tr>
<td>2. Rarely</td>
<td>102</td>
<td>7.8</td>
</tr>
<tr>
<td>3. Sometimes</td>
<td>212</td>
<td>15.8</td>
</tr>
<tr>
<td>4. Most of the time</td>
<td>383</td>
<td>25.0</td>
</tr>
<tr>
<td>5. Always</td>
<td>749</td>
<td>45.7</td>
</tr>
<tr>
<td></td>
<td>Missing</td>
<td>19</td>
</tr>
<tr>
<td>10. During the past 30 days, how many times did you ride in a car or other vehicle driven by someone who had been drinking alcohol?</td>
<td></td>
<td></td>
</tr>
<tr>
<td>1. 0 times</td>
<td>1,169</td>
<td>76.4</td>
</tr>
<tr>
<td>2. 1 time</td>
<td>142</td>
<td>8.9</td>
</tr>
<tr>
<td>3. 2 or 3 times</td>
<td>112</td>
<td>7.3</td>
</tr>
<tr>
<td>4. 4 or 5 times</td>
<td>26</td>
<td>1.6</td>
</tr>
<tr>
<td>5. 6 or more times</td>
<td>89</td>
<td>5.8</td>
</tr>
<tr>
<td></td>
<td>Missing</td>
<td>9</td>
</tr>
<tr>
<td>11. During the past 30 days, how many times did you drive a car or other vehicle when you had been drinking alcohol?</td>
<td></td>
<td></td>
</tr>
<tr>
<td>1. I did not drive a car during the 30 days</td>
<td>305</td>
<td>23.0</td>
</tr>
<tr>
<td>2. 0 times</td>
<td>945</td>
<td>68.0</td>
</tr>
<tr>
<td>3. 1 time</td>
<td>55</td>
<td>3.8</td>
</tr>
<tr>
<td>4. 2 or 3 times</td>
<td>34</td>
<td>2.4</td>
</tr>
<tr>
<td>5. 4 or 5 times</td>
<td>10</td>
<td>0.7</td>
</tr>
<tr>
<td>6. 6 or more times</td>
<td>26</td>
<td>2.0</td>
</tr>
<tr>
<td></td>
<td>Missing</td>
<td>163</td>
</tr>
<tr>
<td>12. During the past 30 days, on how many days did you text or e-mail while driving a car or other vehicle?</td>
<td></td>
<td></td>
</tr>
<tr>
<td>1. I did not drive a car during the 30 days</td>
<td>305</td>
<td>22.5</td>
</tr>
<tr>
<td>2. 0 days</td>
<td>557</td>
<td>39.5</td>
</tr>
<tr>
<td>3. 1 or 2 days</td>
<td>155</td>
<td>10.7</td>
</tr>
<tr>
<td>4. 3 to 5 days</td>
<td>73</td>
<td>5.8</td>
</tr>
<tr>
<td>5. 6 to 9 days</td>
<td>52</td>
<td>3.2</td>
</tr>
<tr>
<td>6. 10 to 19 days</td>
<td>53</td>
<td>3.4</td>
</tr>
<tr>
<td>7. 20 to 29 days</td>
<td>57</td>
<td>3.9</td>
</tr>
<tr>
<td>8. All 30 days</td>
<td>158</td>
<td>11.0</td>
</tr>
<tr>
<td></td>
<td>Missing</td>
<td>137</td>
</tr>
<tr>
<td>13. During the past 30 days, on how many days did you carry a weapon such as a gun, knife, or club?</td>
<td></td>
<td></td>
</tr>
<tr>
<td>1. 0 days</td>
<td>1,098</td>
<td>72.9</td>
</tr>
<tr>
<td>2. 1 day</td>
<td>54</td>
<td>3.8</td>
</tr>
<tr>
<td>3. 2 or 3 days</td>
<td>68</td>
<td>4.8</td>
</tr>
<tr>
<td>4. 4 or 5 days</td>
<td>59</td>
<td>4.4</td>
</tr>
<tr>
<td>5. 6 or more days</td>
<td>202</td>
<td>14.1</td>
</tr>
<tr>
<td></td>
<td>Missing</td>
<td>66</td>
</tr>
<tr>
<td>Question</td>
<td>#</td>
<td>%</td>
</tr>
<tr>
<td>------------------------------------------------------------------------</td>
<td>------</td>
<td>----</td>
</tr>
<tr>
<td>14. During the past 30 days, on how many days did you carry a gun?</td>
<td></td>
<td></td>
</tr>
<tr>
<td>1. 0 days</td>
<td>1,314</td>
<td>86.7</td>
</tr>
<tr>
<td>2. 1 day</td>
<td>57</td>
<td>3.8</td>
</tr>
<tr>
<td>3. 2 or 3 days</td>
<td>56</td>
<td>4.1</td>
</tr>
<tr>
<td>4. 4 or 5 days</td>
<td>27</td>
<td>2.0</td>
</tr>
<tr>
<td>5. 6 or more days</td>
<td>47</td>
<td>3.4</td>
</tr>
<tr>
<td>Missing</td>
<td>46</td>
<td></td>
</tr>
<tr>
<td>15. During the past 30 days, on how many days did you carry a weapon</td>
<td></td>
<td></td>
</tr>
<tr>
<td>such as a gun, knife, or club on school property?</td>
<td></td>
<td></td>
</tr>
<tr>
<td>1. 0 days</td>
<td>1,387</td>
<td>90.9</td>
</tr>
<tr>
<td>2. 1 day</td>
<td>21</td>
<td>1.7</td>
</tr>
<tr>
<td>3. 2 or 3 days</td>
<td>27</td>
<td>2.4</td>
</tr>
<tr>
<td>4. 4 or 5 days</td>
<td>13</td>
<td>0.9</td>
</tr>
<tr>
<td>5. 6 or more days</td>
<td>67</td>
<td>4.7</td>
</tr>
<tr>
<td>Missing</td>
<td>46</td>
<td></td>
</tr>
<tr>
<td>16. During the past 30 days, on how many days did you not go to school</td>
<td></td>
<td></td>
</tr>
<tr>
<td>because you felt you would be unsafe at school or on your way to or</td>
<td></td>
<td></td>
</tr>
<tr>
<td>from school?</td>
<td></td>
<td></td>
</tr>
<tr>
<td>1. 0 days</td>
<td>1,408</td>
<td>90.4</td>
</tr>
<tr>
<td>2. 1 day</td>
<td>62</td>
<td>4.4</td>
</tr>
<tr>
<td>3. 2 or 3 days</td>
<td>31</td>
<td>2.4</td>
</tr>
<tr>
<td>4. 4 or 5 days</td>
<td>12</td>
<td>0.9</td>
</tr>
<tr>
<td>5. 6 or more days</td>
<td>27</td>
<td>1.9</td>
</tr>
<tr>
<td>Missing</td>
<td>7</td>
<td></td>
</tr>
<tr>
<td>17. During the past 12 months, how many times has someone</td>
<td></td>
<td></td>
</tr>
<tr>
<td>threatened or injured you with a weapon such as a gun, knife, or club</td>
<td></td>
<td></td>
</tr>
<tr>
<td>on school property?</td>
<td></td>
<td></td>
</tr>
<tr>
<td>1. 0 times</td>
<td>1,382</td>
<td>89.1</td>
</tr>
<tr>
<td>2. 1 time</td>
<td>44</td>
<td>2.8</td>
</tr>
<tr>
<td>3. 2 or 3 times</td>
<td>43</td>
<td>3.2</td>
</tr>
<tr>
<td>4. 4 or 5 times</td>
<td>21</td>
<td>1.6</td>
</tr>
<tr>
<td>5. 6 or 7 times</td>
<td>13</td>
<td>0.8</td>
</tr>
<tr>
<td>6. 8 or 9 times</td>
<td>7</td>
<td>0.6</td>
</tr>
<tr>
<td>7. 10 or 11 times</td>
<td>3</td>
<td>0.3</td>
</tr>
<tr>
<td>8. 12 or more times</td>
<td>24</td>
<td>1.6</td>
</tr>
<tr>
<td>Missing</td>
<td>10</td>
<td></td>
</tr>
<tr>
<td>18. During the past 12 months, how many times were you in a physical</td>
<td></td>
<td></td>
</tr>
<tr>
<td>fight?</td>
<td></td>
<td></td>
</tr>
<tr>
<td>1. 0 times</td>
<td>1,114</td>
<td>73.0</td>
</tr>
<tr>
<td>2. 1 time</td>
<td>169</td>
<td>11.6</td>
</tr>
<tr>
<td>3. 2 or 3 times</td>
<td>112</td>
<td>8.0</td>
</tr>
<tr>
<td>4. 4 or 5 times</td>
<td>36</td>
<td>2.6</td>
</tr>
<tr>
<td>5. 6 or 7 times</td>
<td>21</td>
<td>1.6</td>
</tr>
<tr>
<td>6. 8 or 9 times</td>
<td>8</td>
<td>0.6</td>
</tr>
<tr>
<td>7. 10 or 11 times</td>
<td>8</td>
<td>0.5</td>
</tr>
<tr>
<td>8. 12 or more times</td>
<td>31</td>
<td>2.1</td>
</tr>
<tr>
<td>Missing</td>
<td>48</td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Question</th>
<th>#</th>
<th>%</th>
</tr>
</thead>
<tbody>
<tr>
<td>19. During the past 12 months, how many times were you in a physical</td>
<td></td>
<td></td>
</tr>
<tr>
<td>fight in which you were injured and had to be treated by a doctor or</td>
<td></td>
<td></td>
</tr>
<tr>
<td>nurse?</td>
<td></td>
<td></td>
</tr>
<tr>
<td>1. 0 times</td>
<td>1,439</td>
<td>95.4</td>
</tr>
<tr>
<td>2. 1 time</td>
<td>35</td>
<td>2.7</td>
</tr>
<tr>
<td>3. 2 or 3 times</td>
<td>16</td>
<td>1.3</td>
</tr>
<tr>
<td>4. 4 or 5 times</td>
<td>5</td>
<td>0.3</td>
</tr>
<tr>
<td>5. 6 or more times</td>
<td>6</td>
<td>0.3</td>
</tr>
<tr>
<td>Missing</td>
<td>46</td>
<td></td>
</tr>
<tr>
<td>20. During the past 12 months, how many times were you in a physical</td>
<td></td>
<td></td>
</tr>
<tr>
<td>fight on school property?</td>
<td></td>
<td></td>
</tr>
<tr>
<td>1. 0 times</td>
<td>1,363</td>
<td>88.6</td>
</tr>
<tr>
<td>2. 1 time</td>
<td>87</td>
<td>6.7</td>
</tr>
<tr>
<td>3. 2 or 3 times</td>
<td>28</td>
<td>2.1</td>
</tr>
<tr>
<td>4. 4 or 5 times</td>
<td>11</td>
<td>0.9</td>
</tr>
<tr>
<td>5. 6 or 7 times</td>
<td>3</td>
<td>0.2</td>
</tr>
<tr>
<td>6. 8 or 9 times</td>
<td>3</td>
<td>0.3</td>
</tr>
<tr>
<td>7. 12 or more times</td>
<td>16</td>
<td>1.1</td>
</tr>
<tr>
<td>Missing</td>
<td>36</td>
<td></td>
</tr>
<tr>
<td>21. Have you ever been physically forced to have sexual intercourse</td>
<td></td>
<td></td>
</tr>
<tr>
<td>when you did not want to?</td>
<td></td>
<td></td>
</tr>
<tr>
<td>1. Yes</td>
<td>187</td>
<td>11.6</td>
</tr>
<tr>
<td>2. No</td>
<td>1,326</td>
<td>88.4</td>
</tr>
<tr>
<td>Missing</td>
<td>34</td>
<td></td>
</tr>
<tr>
<td>22. During the past 12 months, how many times did someone you were</td>
<td></td>
<td></td>
</tr>
<tr>
<td>dating or going out with physically hurt you on purpose?</td>
<td></td>
<td></td>
</tr>
<tr>
<td>1. I did not date or go out with anyone during the past 12 months.</td>
<td>310</td>
<td>21.0</td>
</tr>
<tr>
<td>2. 0 times</td>
<td>996</td>
<td>68.1</td>
</tr>
<tr>
<td>3. 1 time</td>
<td>51</td>
<td>3.7</td>
</tr>
<tr>
<td>4. 2 or 3 times</td>
<td>47</td>
<td>3.5</td>
</tr>
<tr>
<td>5. 4 or 5 times</td>
<td>16</td>
<td>1.2</td>
</tr>
<tr>
<td>6. 6 or more times</td>
<td>32</td>
<td>2.5</td>
</tr>
<tr>
<td>Missing</td>
<td>95</td>
<td></td>
</tr>
<tr>
<td>23. During the past 12 months, how many times did someone you were</td>
<td></td>
<td></td>
</tr>
<tr>
<td>dating or going out with force you to do sexual things that you did</td>
<td></td>
<td></td>
</tr>
<tr>
<td>not want to do?</td>
<td></td>
<td></td>
</tr>
<tr>
<td>1. I did not date or go out with anyone during the past 12 months.</td>
<td>313</td>
<td>21.2</td>
</tr>
<tr>
<td>2. 0 times</td>
<td>1,002</td>
<td>68.7</td>
</tr>
<tr>
<td>3. 1 time</td>
<td>53</td>
<td>3.5</td>
</tr>
<tr>
<td>4. 2 or 3 times</td>
<td>53</td>
<td>3.7</td>
</tr>
<tr>
<td>5. 4 or 5 times</td>
<td>11</td>
<td>0.7</td>
</tr>
<tr>
<td>6. 6 or more times</td>
<td>29</td>
<td>2.2</td>
</tr>
<tr>
<td>Missing</td>
<td>86</td>
<td></td>
</tr>
</tbody>
</table>
## 2013 Arkansas YRBS Questionnaire

### Questionnaire Questions and Responses

#### 24. During the past 12 months, have you ever been bullied on school property?
- Yes: 381 (25.0%)
- No: 1,134 (75.0%)
- Missing: 32

#### 25. During the past 12 months, have you ever been electronically bullied?
- Yes: 275 (17.6%)
- No: 1,238 (82.4%)
- Missing: 34

#### 26. During the past 12 months, did you ever feel so sad or hopeless almost every day for two weeks or more in a row that you stopped doing some usual activities?
- Yes: 435 (29.0%)
- No: 1,020 (71.0%)
- Missing: 92

#### 27. During the past 12 months, did you ever seriously consider attempting suicide?
- Yes: 288 (19.0%)
- No: 1,218 (81.0%)
- Missing: 41

#### 28. During the past 12 months, did you make a plan about how you would attempt suicide?
- Yes: 252 (16.5%)
- No: 1,250 (83.5%)
- Missing: 45

#### 29. During the past 12 months, how many times did you actually attempt suicide?
- 0 times: 1,189 (89.2%)
- 1 time: 74 (5.5%)
- 2 or 3 times: 30 (2.7%)
- 4 or 5 times: 17 (1.3%)
- 6 or more times: 19 (1.4%)
- Missing: 218

#### 30. If you attempted suicide during the past 12 months, did any attempt result in an injury, poisoning, or overdose that had to be treated by a doctor or nurse?
- I did not attempt suicide during past 12 months: 1,187 (90.1%)
- Yes: 50 (3.9%)
- No: 79 (6.1%)
- Missing: 231

#### 31. Have you ever tried cigarette smoking, even one or two puffs?
- Yes: 727 (52.1%)
- No: 682 (47.9%)
- Missing: 138

#### 32. How old were you when you smoked a whole cigarette for the first time?
- I have never smoked a whole cigarette: 848 (60.3%)
- 8 years old or younger: 64 (4.7%)
- 9 or 10 years old: 57 (4.2%)
- 11 or 12 years old: 89 (6.7%)
- 13 or 14 years old: 146 (10.5%)
- 15 or 16 years old: 142 (10.0%)
- 17 years old or older: 53 (3.6%)
- Missing: 148

#### 33. During the past 30 days, on how many days did you smoke cigarettes?
- 0 days: 1,140 (80.9%)
- 1 or 2 days: 64 (4.8%)
- 3 to 5 days: 34 (2.5%)
- 6 to 9 days: 27 (1.8%)
- 10 to 19 days: 32 (2.4%)
- 20 to 29 days: 25 (1.7%)
- All 30 days: 79 (5.9%)
- Missing: 146

#### 34. During the past 30 days, on the days you smoked, how many cigarettes did you smoke per day?
- I did not smoke cigarettes during past 30 days: 1,137 (80.5%)
- Less than 1 cigarette per day: 62 (4.8%)
- 1 cigarette per day: 49 (3.4%)
- 2 to 5 cigarettes per day: 91 (6.7%)
- 6 to 10 cigarettes per day: 29 (2.1%)
- 11 to 20 cigarettes per day: 24 (1.7%)
- More than 20 cigarettes per day: 11 (0.7%)
- Missing: 144

#### 35. During the past 30 days, how did you usually get your own cigarettes?
- I did not smoke cigarettes during the past 30 days: 1,129 (80.0%)
- I bought them in a store such as a convenience store, supermarket, discount store, or gas station: 70 (5.1%)
- I bought them from a vending machine: 7 (0.6%)
- I gave someone else money to buy them for me: 66 (4.8%)
- I borrowed (or bummed) them from someone else: 52 (3.7%)
- A person 18 years old or older gave them to me: 33 (2.7%)
- I took them from a store or family member: 20 (1.4%)
- I got them some other way: 23 (1.7%)
- Missing: 147
<table>
<thead>
<tr>
<th>Question</th>
<th>#</th>
<th>%</th>
</tr>
</thead>
<tbody>
<tr>
<td>36. During the past 30 days, on how many days did you smoke cigarettes on school property?</td>
<td></td>
<td></td>
</tr>
<tr>
<td>1. 0 days</td>
<td>1,405</td>
<td>95.4</td>
</tr>
<tr>
<td>2. 1 or 2 days</td>
<td>24</td>
<td>1.6</td>
</tr>
<tr>
<td>3. 3 to 5 days</td>
<td>10</td>
<td>0.7</td>
</tr>
<tr>
<td>4. 6 to 9 days</td>
<td>10</td>
<td>0.8</td>
</tr>
<tr>
<td>5. 10 to 19 days</td>
<td>7</td>
<td>0.5</td>
</tr>
<tr>
<td>6. 20 to 29 days</td>
<td>4</td>
<td>0.2</td>
</tr>
<tr>
<td>7. All 30 days</td>
<td>10</td>
<td>0.7</td>
</tr>
<tr>
<td>Missing</td>
<td>77</td>
<td></td>
</tr>
<tr>
<td>37. Have you ever smoked cigarettes daily, that is, at least one cigarette every day for 30 days?</td>
<td></td>
<td></td>
</tr>
<tr>
<td>1. Yes</td>
<td>176</td>
<td>12.6</td>
</tr>
<tr>
<td>2. No</td>
<td>1,239</td>
<td>87.4</td>
</tr>
<tr>
<td>Missing</td>
<td>132</td>
<td></td>
</tr>
<tr>
<td>38. During the past 12 months, did you ever try to quit smoking cigarettes?</td>
<td></td>
<td></td>
</tr>
<tr>
<td>1. I did not smoke during past 12 months</td>
<td>1,024</td>
<td>73.0</td>
</tr>
<tr>
<td>2. Yes</td>
<td>180</td>
<td>12.9</td>
</tr>
<tr>
<td>3. No</td>
<td>187</td>
<td>14.1</td>
</tr>
<tr>
<td>Missing</td>
<td>156</td>
<td></td>
</tr>
<tr>
<td>39. During the past 30 days, on how many days did you use chewing tobacco, snuff, or dip such as Redman, Levi Garrett, Beechnut, Skoal, Skoal Bandits, or Copenhagen?</td>
<td></td>
<td></td>
</tr>
<tr>
<td>1. 0 days</td>
<td>1,305</td>
<td>85.2</td>
</tr>
<tr>
<td>2. 1 or 2 days</td>
<td>48</td>
<td>3.2</td>
</tr>
<tr>
<td>3. 3 to 5 days</td>
<td>44</td>
<td>2.9</td>
</tr>
<tr>
<td>4. 6 to 9 days</td>
<td>21</td>
<td>1.5</td>
</tr>
<tr>
<td>5. 10 to 19 days</td>
<td>25</td>
<td>1.8</td>
</tr>
<tr>
<td>6. 20 to 29 days</td>
<td>12</td>
<td>0.7</td>
</tr>
<tr>
<td>7. All 30 days</td>
<td>69</td>
<td>4.7</td>
</tr>
<tr>
<td>Missing</td>
<td>23</td>
<td></td>
</tr>
<tr>
<td>40. During the past 30 days, on how many days did you smoke cigars, cigarillos, or little cigars?</td>
<td></td>
<td></td>
</tr>
<tr>
<td>1. 0 days</td>
<td>1,280</td>
<td>82.9</td>
</tr>
<tr>
<td>2. 1 or 2 days</td>
<td>102</td>
<td>7.2</td>
</tr>
<tr>
<td>3. 3 to 5 days</td>
<td>53</td>
<td>3.8</td>
</tr>
<tr>
<td>4. 6 to 9 days</td>
<td>29</td>
<td>2.0</td>
</tr>
<tr>
<td>5. 10 to 19 days</td>
<td>23</td>
<td>1.7</td>
</tr>
<tr>
<td>6. 20 to 29 days</td>
<td>12</td>
<td>0.9</td>
</tr>
<tr>
<td>7. All 30 days</td>
<td>22</td>
<td>1.5</td>
</tr>
<tr>
<td>Missing</td>
<td>26</td>
<td></td>
</tr>
<tr>
<td>41. During your life, on how many days have you had at least one drink of alcohol?</td>
<td></td>
<td></td>
</tr>
<tr>
<td>1. 0 days</td>
<td>464</td>
<td>32.7</td>
</tr>
<tr>
<td>2. 1 or 2 days</td>
<td>222</td>
<td>16.7</td>
</tr>
<tr>
<td>3. 3 to 9 days</td>
<td>222</td>
<td>15.0</td>
</tr>
<tr>
<td>4. 10 to 19 days</td>
<td>148</td>
<td>10.7</td>
</tr>
<tr>
<td>5. 20 to 39 days</td>
<td>121</td>
<td>7.9</td>
</tr>
<tr>
<td>6. 40 to 99 days</td>
<td>124</td>
<td>8.9</td>
</tr>
<tr>
<td>7. 100 or more days</td>
<td>123</td>
<td>8.1</td>
</tr>
<tr>
<td>Missing</td>
<td>123</td>
<td></td>
</tr>
<tr>
<td>42. How old were you when you had your first drink of alcohol other than a few sips?</td>
<td></td>
<td></td>
</tr>
<tr>
<td>1. I have never had a drink of alcohol other than a few sips</td>
<td>541</td>
<td>35.9</td>
</tr>
<tr>
<td>2. 8 years old or younger</td>
<td>130</td>
<td>9.0</td>
</tr>
<tr>
<td>3. 9 or 10 years old</td>
<td>102</td>
<td>6.9</td>
</tr>
<tr>
<td>4. 11 or 12 years old</td>
<td>140</td>
<td>9.7</td>
</tr>
<tr>
<td>5. 13 or 14 years old</td>
<td>276</td>
<td>18.3</td>
</tr>
<tr>
<td>6. 15 or 16 years old</td>
<td>260</td>
<td>16.1</td>
</tr>
<tr>
<td>7. 17 years old or older</td>
<td>60</td>
<td>4.1</td>
</tr>
<tr>
<td>Missing</td>
<td>38</td>
<td></td>
</tr>
<tr>
<td>43. During the past 30 days, on how many days did you have at least one drink of alcohol?</td>
<td></td>
<td></td>
</tr>
<tr>
<td>1. 0 days</td>
<td>843</td>
<td>63.7</td>
</tr>
<tr>
<td>2. 1 or 2 days</td>
<td>214</td>
<td>16.2</td>
</tr>
<tr>
<td>3. 3 to 5 days</td>
<td>114</td>
<td>8.2</td>
</tr>
<tr>
<td>4. 6 to 9 days</td>
<td>83</td>
<td>6.1</td>
</tr>
<tr>
<td>5. 10 to 29 days</td>
<td>39</td>
<td>2.9</td>
</tr>
<tr>
<td>6. 20 to 29 days</td>
<td>17</td>
<td>1.3</td>
</tr>
<tr>
<td>7. All 30 days</td>
<td>20</td>
<td>1.5</td>
</tr>
<tr>
<td>Missing</td>
<td>217</td>
<td></td>
</tr>
<tr>
<td>44. During the past 30 days, on how many days did you have 5 or more drinks of alcohol in a row, that is, within a couple of hours?</td>
<td></td>
<td></td>
</tr>
<tr>
<td>1. 0 days</td>
<td>1,081</td>
<td>77.1</td>
</tr>
<tr>
<td>2. 1 day</td>
<td>113</td>
<td>7.6</td>
</tr>
<tr>
<td>3. 2 days</td>
<td>74</td>
<td>5.2</td>
</tr>
<tr>
<td>4. 3 to 5 days</td>
<td>82</td>
<td>5.9</td>
</tr>
<tr>
<td>5. 6 to 9 days</td>
<td>32</td>
<td>2.1</td>
</tr>
<tr>
<td>6. 10 to 19 days</td>
<td>17</td>
<td>1.2</td>
</tr>
<tr>
<td>7. 20 or more days</td>
<td>13</td>
<td>1.0</td>
</tr>
<tr>
<td>Missing</td>
<td>135</td>
<td></td>
</tr>
</tbody>
</table>
### Question 45. During the past 30 days, what is the largest number of alcoholic drinks you had in a row, that is within a couple of hours?

<table>
<thead>
<tr>
<th>#</th>
<th>%</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. I did not drink alcohol during the past 30 days</td>
<td>872</td>
</tr>
<tr>
<td>2. 1 or 2 drinks</td>
<td>155</td>
</tr>
<tr>
<td>3. 3 drinks</td>
<td>62</td>
</tr>
<tr>
<td>4. 4 drinks</td>
<td>48</td>
</tr>
<tr>
<td>5. 5 drinks</td>
<td>58</td>
</tr>
<tr>
<td>6. 6 or 7 drinks</td>
<td>47</td>
</tr>
<tr>
<td>7. 8 or 9 drinks</td>
<td>42</td>
</tr>
<tr>
<td>8. 10 or more drinks</td>
<td>81</td>
</tr>
<tr>
<td><strong>Total</strong></td>
<td><strong>1,828</strong></td>
</tr>
</tbody>
</table>

### Question 46. During the past 30 days, how did you usually get the alcohol you drank?

<table>
<thead>
<tr>
<th>#</th>
<th>%</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. I did not drink alcohol during the past 30 days</td>
<td>846</td>
</tr>
<tr>
<td>2. I bought it in a store such as a liquor store, convenience store, supermarket discount store, or gas station</td>
<td>32</td>
</tr>
<tr>
<td>3. I bought it at a restaurant, bar, or club</td>
<td>17</td>
</tr>
<tr>
<td>4. I bought it at a public event such as a concert or sporting event</td>
<td>14</td>
</tr>
<tr>
<td>5. I gave someone else money to buy it for me</td>
<td>128</td>
</tr>
<tr>
<td>6. Someone gave it to me</td>
<td>200</td>
</tr>
<tr>
<td>7. I took it from a store or family member</td>
<td>43</td>
</tr>
<tr>
<td>8. I got it some other way</td>
<td>95</td>
</tr>
<tr>
<td><strong>Total</strong></td>
<td><strong>1,722</strong></td>
</tr>
</tbody>
</table>

### Question 47. During your life, how many times have you used marijuana?

<table>
<thead>
<tr>
<th>#</th>
<th>%</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. 0 times</td>
<td>887</td>
</tr>
<tr>
<td>2. 1 or 2 times</td>
<td>117</td>
</tr>
<tr>
<td>3. 3 to 9 times</td>
<td>114</td>
</tr>
<tr>
<td>4. 10 to 19 times</td>
<td>54</td>
</tr>
<tr>
<td>5. 20 to 39 times</td>
<td>53</td>
</tr>
<tr>
<td>6. 40 to 99 times</td>
<td>56</td>
</tr>
<tr>
<td>7. 100 or more times</td>
<td>137</td>
</tr>
<tr>
<td><strong>Total</strong></td>
<td><strong>1,407</strong></td>
</tr>
</tbody>
</table>

### Question 48. How old were you when you tried marijuana for the first time?

<table>
<thead>
<tr>
<th>#</th>
<th>%</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. I have never tried marijuana</td>
<td>898</td>
</tr>
<tr>
<td>2. 8 years old or younger</td>
<td>35</td>
</tr>
<tr>
<td>3. 9 or 10 years old</td>
<td>35</td>
</tr>
<tr>
<td>4. 11 or 12 years old</td>
<td>60</td>
</tr>
<tr>
<td>5. 13 or 14 years old</td>
<td>178</td>
</tr>
<tr>
<td>6. 15 or 16 years old</td>
<td>200</td>
</tr>
<tr>
<td>7. 17 years old or older</td>
<td>48</td>
</tr>
<tr>
<td><strong>Total</strong></td>
<td><strong>1,383</strong></td>
</tr>
</tbody>
</table>

### Question 49. During the past 30 days, how many times did you use marijuana?

<table>
<thead>
<tr>
<th>#</th>
<th>%</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. 0 times</td>
<td>1,175</td>
</tr>
<tr>
<td>2. 1 or 2 times</td>
<td>91</td>
</tr>
<tr>
<td>3. 3 to 9 times</td>
<td>66</td>
</tr>
<tr>
<td>4. 10 to 19 times</td>
<td>39</td>
</tr>
<tr>
<td>5. 20 to 39 times</td>
<td>27</td>
</tr>
<tr>
<td>6. 40 or more times</td>
<td>53</td>
</tr>
<tr>
<td><strong>Total</strong></td>
<td><strong>1,491</strong></td>
</tr>
</tbody>
</table>

### Question 50. During your life, how many times have you used any form of cocaine, including powder, crack, or freebase?

<table>
<thead>
<tr>
<th>#</th>
<th>%</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. 0 times</td>
<td>1,373</td>
</tr>
<tr>
<td>2. 1 or 2 times</td>
<td>48</td>
</tr>
<tr>
<td>3. 3 to 9 times</td>
<td>25</td>
</tr>
<tr>
<td>4. 10 to 19 times</td>
<td>16</td>
</tr>
<tr>
<td>5. 20 to 39 times</td>
<td>13</td>
</tr>
<tr>
<td>6. 40 or more times</td>
<td>16</td>
</tr>
<tr>
<td><strong>Total</strong></td>
<td><strong>1,439</strong></td>
</tr>
</tbody>
</table>

### Question 51. During your life, how many times have you sniffed glue, breathed the contents of aerosol spray cans, or inhaled any paints or sprays to get high?

<table>
<thead>
<tr>
<th>#</th>
<th>%</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. 0 times</td>
<td>1,310</td>
</tr>
<tr>
<td>2. 1 or 2 times</td>
<td>80</td>
</tr>
<tr>
<td>3. 3 to 9 times</td>
<td>48</td>
</tr>
<tr>
<td>4. 10 to 19 times</td>
<td>27</td>
</tr>
<tr>
<td>5. 20 to 39 times</td>
<td>12</td>
</tr>
<tr>
<td>6. 40 or more times</td>
<td>26</td>
</tr>
<tr>
<td><strong>Missing</strong></td>
<td><strong>44</strong></td>
</tr>
</tbody>
</table>

### Question 52. During your life, how many times have you used heroin (also called smack, junk, or China White)?

<table>
<thead>
<tr>
<th>#</th>
<th>%</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. 0 times</td>
<td>1,407</td>
</tr>
<tr>
<td>2. 1 or 2 times</td>
<td>30</td>
</tr>
<tr>
<td>3. 3 to 9 times</td>
<td>23</td>
</tr>
<tr>
<td>4. 10 to 19 times</td>
<td>8</td>
</tr>
<tr>
<td>5. 20 to 39 times</td>
<td>13</td>
</tr>
<tr>
<td>6. 40 or more times</td>
<td>20</td>
</tr>
<tr>
<td><strong>Missing</strong></td>
<td><strong>46</strong></td>
</tr>
</tbody>
</table>

### Question 53. During your life, how many times have you used methamphetamines (also called speed, crystal, crank, or ice)?

<table>
<thead>
<tr>
<th>#</th>
<th>%</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. 0 times</td>
<td>1,383</td>
</tr>
<tr>
<td>2. 1 or 2 times</td>
<td>31</td>
</tr>
<tr>
<td>3. 3 to 9 times</td>
<td>27</td>
</tr>
<tr>
<td>4. 10 to 19 times</td>
<td>18</td>
</tr>
<tr>
<td>5. 20 to 39 times</td>
<td>5</td>
</tr>
<tr>
<td>6. 40 or more times</td>
<td>24</td>
</tr>
<tr>
<td><strong>Missing</strong></td>
<td><strong>59</strong></td>
</tr>
</tbody>
</table>
54. During your life, how many times have you used ecstasy (also called MDMA)?

<table>
<thead>
<tr>
<th>Times</th>
<th>#</th>
<th>%</th>
</tr>
</thead>
<tbody>
<tr>
<td>0 times</td>
<td>1,375</td>
<td>91.7</td>
</tr>
<tr>
<td>1 or 2 times</td>
<td>66</td>
<td>4.4</td>
</tr>
<tr>
<td>3 to 9 times</td>
<td>22</td>
<td>1.7</td>
</tr>
<tr>
<td>10 to 19 times</td>
<td>11</td>
<td>0.7</td>
</tr>
<tr>
<td>20 to 39 times</td>
<td>7</td>
<td>0.5</td>
</tr>
<tr>
<td>40 or more times</td>
<td>18</td>
<td>0.9</td>
</tr>
<tr>
<td>Missing</td>
<td>48</td>
<td></td>
</tr>
</tbody>
</table>

55. During your life, how many times have you taken steroid pills or shots without a doctor’s prescription?

<table>
<thead>
<tr>
<th>Times</th>
<th>#</th>
<th>%</th>
</tr>
</thead>
<tbody>
<tr>
<td>0 times</td>
<td>1,400</td>
<td>92.9</td>
</tr>
<tr>
<td>1 or 2 times</td>
<td>33</td>
<td>2.7</td>
</tr>
<tr>
<td>3 to 9 times</td>
<td>26</td>
<td>1.8</td>
</tr>
<tr>
<td>10 to 19 times</td>
<td>13</td>
<td>1.1</td>
</tr>
<tr>
<td>20 to 39 times</td>
<td>7</td>
<td>0.4</td>
</tr>
<tr>
<td>40 or more times</td>
<td>17</td>
<td>1.1</td>
</tr>
<tr>
<td>Missing</td>
<td>51</td>
<td></td>
</tr>
</tbody>
</table>

56. During your life, how many times have you taken a prescription drug (such as OxyContin, Percocet, Vicodin, Codeine, Adderall, Ritalin, or Xanax) without a doctor’s prescription?

<table>
<thead>
<tr>
<th>Times</th>
<th>#</th>
<th>%</th>
</tr>
</thead>
<tbody>
<tr>
<td>0 times</td>
<td>1,165</td>
<td>78.5</td>
</tr>
<tr>
<td>1 or 2 times</td>
<td>78</td>
<td>5.6</td>
</tr>
<tr>
<td>3 to 9 times</td>
<td>46</td>
<td>3.1</td>
</tr>
<tr>
<td>10 to 19 times</td>
<td>35</td>
<td>2.3</td>
</tr>
<tr>
<td>20 to 39 times</td>
<td>55</td>
<td>3.3</td>
</tr>
<tr>
<td>40 or more times</td>
<td>56</td>
<td></td>
</tr>
<tr>
<td>Missing</td>
<td>56</td>
<td></td>
</tr>
</tbody>
</table>

57. During your life, how many times have you used a needle to inject any illegal drug into your body?

<table>
<thead>
<tr>
<th>Times</th>
<th>#</th>
<th>%</th>
</tr>
</thead>
<tbody>
<tr>
<td>0 times</td>
<td>1,420</td>
<td>95.8</td>
</tr>
<tr>
<td>1 time</td>
<td>37</td>
<td>2.4</td>
</tr>
<tr>
<td>2 or more times</td>
<td>30</td>
<td>1.8</td>
</tr>
<tr>
<td>Missing</td>
<td>60</td>
<td></td>
</tr>
</tbody>
</table>

58. During the past 12 months, has anyone offered, sold, or given you an illegal drug on school property?

<table>
<thead>
<tr>
<th>Times</th>
<th>#</th>
<th>%</th>
</tr>
</thead>
<tbody>
<tr>
<td>Yes</td>
<td>409</td>
<td>27.4</td>
</tr>
<tr>
<td>No</td>
<td>1,064</td>
<td>72.6</td>
</tr>
<tr>
<td>Missing</td>
<td>74</td>
<td></td>
</tr>
</tbody>
</table>

59. Have you ever had sexual intercourse?

<table>
<thead>
<tr>
<th>Times</th>
<th>#</th>
<th>%</th>
</tr>
</thead>
<tbody>
<tr>
<td>Yes</td>
<td>643</td>
<td>49.4</td>
</tr>
<tr>
<td>No</td>
<td>670</td>
<td>50.6</td>
</tr>
<tr>
<td>Missing</td>
<td>234</td>
<td></td>
</tr>
</tbody>
</table>

60. How old were you when you had sexual intercourse for the first time?

<table>
<thead>
<tr>
<th>Age</th>
<th>#</th>
<th>%</th>
</tr>
</thead>
<tbody>
<tr>
<td>I have never had sexual intercourse</td>
<td>662</td>
<td>50.2</td>
</tr>
<tr>
<td>11 years old or younger</td>
<td>50</td>
<td>4.4</td>
</tr>
<tr>
<td>12 years old</td>
<td>44</td>
<td>3.9</td>
</tr>
<tr>
<td>13 years old</td>
<td>95</td>
<td>7.7</td>
</tr>
<tr>
<td>14 years old</td>
<td>127</td>
<td>9.7</td>
</tr>
<tr>
<td>15 years old</td>
<td>152</td>
<td>10.7</td>
</tr>
<tr>
<td>16 years old</td>
<td>128</td>
<td>9.0</td>
</tr>
<tr>
<td>17 years or older</td>
<td>56</td>
<td>4.3</td>
</tr>
<tr>
<td>Missing</td>
<td>223</td>
<td></td>
</tr>
</tbody>
</table>

61. During your life, with how many people have you had sexual intercourse?

<table>
<thead>
<tr>
<th>People</th>
<th>#</th>
<th>%</th>
</tr>
</thead>
<tbody>
<tr>
<td>I have never had sexual intercourse</td>
<td>666</td>
<td>50.5</td>
</tr>
<tr>
<td>1 person</td>
<td>206</td>
<td>15.0</td>
</tr>
<tr>
<td>2 people</td>
<td>105</td>
<td>8.2</td>
</tr>
<tr>
<td>3 people</td>
<td>104</td>
<td>8.2</td>
</tr>
<tr>
<td>4 people</td>
<td>70</td>
<td>5.5</td>
</tr>
<tr>
<td>5 people</td>
<td>42</td>
<td>3.5</td>
</tr>
<tr>
<td>6 or more people</td>
<td>115</td>
<td>9.2</td>
</tr>
<tr>
<td>Missing</td>
<td>239</td>
<td></td>
</tr>
</tbody>
</table>

62. During the past 3 months, with how many people did you have sexual intercourse?

<table>
<thead>
<tr>
<th>People</th>
<th>#</th>
<th>%</th>
</tr>
</thead>
<tbody>
<tr>
<td>I have never had sexual intercourse</td>
<td>673</td>
<td>50.4</td>
</tr>
<tr>
<td>1 person</td>
<td>356</td>
<td>26.5</td>
</tr>
<tr>
<td>2 people</td>
<td>64</td>
<td>5.1</td>
</tr>
<tr>
<td>3 people</td>
<td>27</td>
<td>1.9</td>
</tr>
<tr>
<td>4 people</td>
<td>17</td>
<td>1.4</td>
</tr>
<tr>
<td>5 people</td>
<td>4</td>
<td>0.4</td>
</tr>
<tr>
<td>6 or more people</td>
<td>17</td>
<td>1.5</td>
</tr>
<tr>
<td>Missing</td>
<td>226</td>
<td></td>
</tr>
</tbody>
</table>

63. Did you drink alcohol or use drugs before you had sexual intercourse the last time?

<table>
<thead>
<tr>
<th>Alcohol/Drugs</th>
<th>#</th>
<th>%</th>
</tr>
</thead>
<tbody>
<tr>
<td>I have never had sexual intercourse</td>
<td>673</td>
<td>50.5</td>
</tr>
<tr>
<td>Yes</td>
<td>122</td>
<td>9.7</td>
</tr>
<tr>
<td>No</td>
<td>523</td>
<td>39.8</td>
</tr>
<tr>
<td>Missing</td>
<td>229</td>
<td></td>
</tr>
</tbody>
</table>

64. The last time you had sexual intercourse, did you or your partner use a condom?

<table>
<thead>
<tr>
<th>Condom Use</th>
<th>#</th>
<th>%</th>
</tr>
</thead>
<tbody>
<tr>
<td>I have never had sexual intercourse</td>
<td>669</td>
<td>50.7</td>
</tr>
<tr>
<td>Yes</td>
<td>329</td>
<td>25.4</td>
</tr>
<tr>
<td>No</td>
<td>310</td>
<td>24.0</td>
</tr>
<tr>
<td>Missing</td>
<td>239</td>
<td></td>
</tr>
</tbody>
</table>
## Question # %

65. The last time you had sexual intercourse, what one method did you or your partner use to prevent pregnancy?

<table>
<thead>
<tr>
<th>Method</th>
<th>#</th>
<th>%</th>
</tr>
</thead>
<tbody>
<tr>
<td>I have never had sexual intercourse</td>
<td>667</td>
<td>50.6</td>
</tr>
<tr>
<td>No method was used to prevent pregnancy</td>
<td>125</td>
<td>9.7</td>
</tr>
<tr>
<td>Birth control pills</td>
<td>117</td>
<td>8.6</td>
</tr>
<tr>
<td>Condoms</td>
<td>236</td>
<td>18.6</td>
</tr>
<tr>
<td>An IUD (such as Mirena or ParaFard)</td>
<td>15</td>
<td>1.2</td>
</tr>
<tr>
<td>or implant (Implanon or Nexplanon)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>A shot (such as Depo-Provera), patch</td>
<td>43</td>
<td>3.2</td>
</tr>
<tr>
<td>(such as Ortho Eva) or Birth Control</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Withdrawal or some other method</td>
<td>79</td>
<td>6.2</td>
</tr>
<tr>
<td>Not sure</td>
<td>21</td>
<td>2.0</td>
</tr>
<tr>
<td>Missing</td>
<td>244</td>
<td></td>
</tr>
</tbody>
</table>

66. How would you describe your weight?

<table>
<thead>
<tr>
<th>Weight</th>
<th>#</th>
<th>%</th>
</tr>
</thead>
<tbody>
<tr>
<td>Very underweight</td>
<td>65</td>
<td>4.5</td>
</tr>
<tr>
<td>Slightly underweight</td>
<td>167</td>
<td>11.4</td>
</tr>
<tr>
<td>About the right weight</td>
<td>770</td>
<td>52.1</td>
</tr>
<tr>
<td>Slightly overweight</td>
<td>387</td>
<td>25.7</td>
</tr>
<tr>
<td>Very overweight</td>
<td>95</td>
<td>6.3</td>
</tr>
<tr>
<td>Missing</td>
<td>63</td>
<td></td>
</tr>
</tbody>
</table>

67. Which of the following are you trying to do about your weight?

<table>
<thead>
<tr>
<th>Task</th>
<th>#</th>
<th>%</th>
</tr>
</thead>
<tbody>
<tr>
<td>Lose weight</td>
<td>724</td>
<td>47.6</td>
</tr>
<tr>
<td>Gain weight</td>
<td>262</td>
<td>19.7</td>
</tr>
<tr>
<td>Stay the same weight</td>
<td>263</td>
<td>17.9</td>
</tr>
<tr>
<td>I am not trying to do anything about my weight</td>
<td>227</td>
<td>14.7</td>
</tr>
<tr>
<td>Missing</td>
<td>71</td>
<td></td>
</tr>
</tbody>
</table>

68. During the past 30 days, did you go without eating for 24 hours or more (also called fasting) to lose weight or to keep from gaining weight?

<table>
<thead>
<tr>
<th>Answer</th>
<th>#</th>
<th>%</th>
</tr>
</thead>
<tbody>
<tr>
<td>Yes</td>
<td>238</td>
<td>16.7</td>
</tr>
<tr>
<td>No</td>
<td>1,217</td>
<td>83.3</td>
</tr>
<tr>
<td>Missing</td>
<td>92</td>
<td></td>
</tr>
</tbody>
</table>

69. During the past 30 days, did you take any diet pills, powders, or liquids without a doctor’s advise to lose weight or to keep from gaining weight?

<table>
<thead>
<tr>
<th>Answer</th>
<th>#</th>
<th>%</th>
</tr>
</thead>
<tbody>
<tr>
<td>Yes</td>
<td>145</td>
<td>10.3</td>
</tr>
<tr>
<td>No</td>
<td>1,308</td>
<td>89.7</td>
</tr>
<tr>
<td>Missing</td>
<td>94</td>
<td></td>
</tr>
</tbody>
</table>

70. During the past 30 days, did you vomit or take laxatives to lose weight or to keep from gaining weight?

<table>
<thead>
<tr>
<th>Answer</th>
<th>#</th>
<th>%</th>
</tr>
</thead>
<tbody>
<tr>
<td>Yes</td>
<td>123</td>
<td>9.0</td>
</tr>
<tr>
<td>No</td>
<td>1,321</td>
<td>91.0</td>
</tr>
<tr>
<td>Missing</td>
<td>103</td>
<td></td>
</tr>
</tbody>
</table>
### Question 75. During the past 7 days, how many times did you eat carrots?

<table>
<thead>
<tr>
<th>Frequency</th>
<th>#</th>
<th>%</th>
</tr>
</thead>
<tbody>
<tr>
<td>I did not eat carrots during the past 7 days</td>
<td>848</td>
<td>58.8</td>
</tr>
<tr>
<td>1 to 3 times during the past 7 days</td>
<td>452</td>
<td>28.4</td>
</tr>
<tr>
<td>4 to 6 times during the past 7 days</td>
<td>84</td>
<td>5.7</td>
</tr>
<tr>
<td>1 time per day</td>
<td>53</td>
<td>3.8</td>
</tr>
<tr>
<td>2 times per day</td>
<td>20</td>
<td>1.5</td>
</tr>
<tr>
<td>3 times per day</td>
<td>14</td>
<td>0.9</td>
</tr>
<tr>
<td>4 or more times per day</td>
<td>14</td>
<td>1.0</td>
</tr>
<tr>
<td>Missing</td>
<td>62</td>
<td></td>
</tr>
</tbody>
</table>

### Question 76. During the past 7 days, how many times did you eat other vegetables?

<table>
<thead>
<tr>
<th>Frequency</th>
<th>#</th>
<th>%</th>
</tr>
</thead>
<tbody>
<tr>
<td>I did not eat other vegetables during the past 7 days</td>
<td>322</td>
<td>23.0</td>
</tr>
<tr>
<td>1 to 3 times during the past 7 days</td>
<td>559</td>
<td>37.3</td>
</tr>
<tr>
<td>4 to 6 times during the past 7 days</td>
<td>313</td>
<td>20.0</td>
</tr>
<tr>
<td>1 time per day</td>
<td>152</td>
<td>10.6</td>
</tr>
<tr>
<td>2 times per day</td>
<td>66</td>
<td>4.4</td>
</tr>
<tr>
<td>3 times per day</td>
<td>31</td>
<td>2.0</td>
</tr>
<tr>
<td>4 or more times per day</td>
<td>39</td>
<td>2.8</td>
</tr>
<tr>
<td>Missing</td>
<td>65</td>
<td></td>
</tr>
</tbody>
</table>

### Question 77. During the past 7 days, how many times did you drink a can, bottle, or glass of soda or pop, such as Coke, Pepsi, or Sprite?

<table>
<thead>
<tr>
<th>Frequency</th>
<th>#</th>
<th>%</th>
</tr>
</thead>
<tbody>
<tr>
<td>I did not drink soda or pop during the past 7 days</td>
<td>309</td>
<td>20.0</td>
</tr>
<tr>
<td>1 to 3 times during the past 7 days</td>
<td>451</td>
<td>30.1</td>
</tr>
<tr>
<td>4 to 6 times during the past 7 days</td>
<td>282</td>
<td>18.6</td>
</tr>
<tr>
<td>1 time per day</td>
<td>134</td>
<td>9.1</td>
</tr>
<tr>
<td>2 times per day</td>
<td>120</td>
<td>8.5</td>
</tr>
<tr>
<td>3 times per day</td>
<td>78</td>
<td>5.6</td>
</tr>
<tr>
<td>4 or more times per day</td>
<td>113</td>
<td>8.1</td>
</tr>
<tr>
<td>Missing</td>
<td>60</td>
<td></td>
</tr>
</tbody>
</table>

### Question 78. During the past 7 days, how many glasses of milk did you drink?

<table>
<thead>
<tr>
<th>Frequency</th>
<th>#</th>
<th>%</th>
</tr>
</thead>
<tbody>
<tr>
<td>I did not drink milk during the past 7 days</td>
<td>387</td>
<td>27.4</td>
</tr>
<tr>
<td>1 to 3 glasses during the past 7 days</td>
<td>414</td>
<td>27.1</td>
</tr>
<tr>
<td>4 to 6 glasses during the past 7 days</td>
<td>211</td>
<td>13.9</td>
</tr>
<tr>
<td>1 glass per day</td>
<td>196</td>
<td>12.6</td>
</tr>
<tr>
<td>2 glasses per day</td>
<td>140</td>
<td>9.1</td>
</tr>
<tr>
<td>3 glasses per day</td>
<td>63</td>
<td>4.4</td>
</tr>
<tr>
<td>4 or more glasses per day</td>
<td>77</td>
<td>5.5</td>
</tr>
<tr>
<td>Missing</td>
<td>68</td>
<td></td>
</tr>
</tbody>
</table>

### Question 79. During the past 7 days, on how many days did you eat breakfast?

<table>
<thead>
<tr>
<th>Frequency</th>
<th>#</th>
<th>%</th>
</tr>
</thead>
<tbody>
<tr>
<td>0 days</td>
<td>238</td>
<td>16.8</td>
</tr>
<tr>
<td>1 day</td>
<td>113</td>
<td>7.8</td>
</tr>
<tr>
<td>2 days</td>
<td>149</td>
<td>10.7</td>
</tr>
<tr>
<td>3 days</td>
<td>142</td>
<td>10.0</td>
</tr>
<tr>
<td>4 days</td>
<td>113</td>
<td>7.7</td>
</tr>
<tr>
<td>5 days</td>
<td>131</td>
<td>8.6</td>
</tr>
<tr>
<td>6 days</td>
<td>81</td>
<td>5.1</td>
</tr>
<tr>
<td>7 days</td>
<td>503</td>
<td>33.2</td>
</tr>
<tr>
<td>Missing</td>
<td>77</td>
<td></td>
</tr>
</tbody>
</table>

### Question 80. During the past 7 days, on how many days were you physically active for a total of at least 60 minutes per day?

<table>
<thead>
<tr>
<th>Frequency</th>
<th>#</th>
<th>%</th>
</tr>
</thead>
<tbody>
<tr>
<td>0 days</td>
<td>300</td>
<td>19.9</td>
</tr>
<tr>
<td>1 day</td>
<td>137</td>
<td>9.7</td>
</tr>
<tr>
<td>2 days</td>
<td>148</td>
<td>10.0</td>
</tr>
<tr>
<td>3 days</td>
<td>160</td>
<td>10.6</td>
</tr>
<tr>
<td>4 days</td>
<td>101</td>
<td>6.8</td>
</tr>
<tr>
<td>5 days</td>
<td>162</td>
<td>10.3</td>
</tr>
<tr>
<td>6 days</td>
<td>81</td>
<td>5.2</td>
</tr>
<tr>
<td>7 days</td>
<td>393</td>
<td>27.5</td>
</tr>
<tr>
<td>Missing</td>
<td>65</td>
<td></td>
</tr>
</tbody>
</table>

### Question 81. On an average school day, how many hours do you watch TV?

<table>
<thead>
<tr>
<th>Frequency</th>
<th>#</th>
<th>%</th>
</tr>
</thead>
<tbody>
<tr>
<td>I do not watch TV on an average school day</td>
<td>245</td>
<td>15.4</td>
</tr>
<tr>
<td>Less than 1 hour per day</td>
<td>278</td>
<td>17.5</td>
</tr>
<tr>
<td>1 hour per day</td>
<td>228</td>
<td>15.5</td>
</tr>
<tr>
<td>2 hours per day</td>
<td>270</td>
<td>18.8</td>
</tr>
<tr>
<td>3 hours per day</td>
<td>207</td>
<td>14.9</td>
</tr>
<tr>
<td>4 hours per day</td>
<td>94</td>
<td>6.4</td>
</tr>
<tr>
<td>5 or more hours per day</td>
<td>146</td>
<td>11.5</td>
</tr>
<tr>
<td>Missing</td>
<td>79</td>
<td></td>
</tr>
</tbody>
</table>

### Question 82. On an average school day, how many hours do you play video or computer games or use a computer for something that is not school work?

<table>
<thead>
<tr>
<th>Frequency</th>
<th>#</th>
<th>%</th>
</tr>
</thead>
<tbody>
<tr>
<td>I do not play video or computer games or use a computer for something that is not school work</td>
<td>369</td>
<td>25.7</td>
</tr>
<tr>
<td>Less than 1 hour a day</td>
<td>301</td>
<td>20.2</td>
</tr>
<tr>
<td>1 hour per day</td>
<td>182</td>
<td>12.2</td>
</tr>
<tr>
<td>2 hours per day</td>
<td>189</td>
<td>12.6</td>
</tr>
<tr>
<td>3 hours per day</td>
<td>119</td>
<td>7.8</td>
</tr>
<tr>
<td>4 hours per day</td>
<td>101</td>
<td>6.8</td>
</tr>
<tr>
<td>5 or more hours per day</td>
<td>199</td>
<td>14.6</td>
</tr>
<tr>
<td>Missing</td>
<td>87</td>
<td></td>
</tr>
<tr>
<td>Question</td>
<td>#</td>
<td>%</td>
</tr>
<tr>
<td>------------------------------------------------------------------------</td>
<td>----</td>
<td>----</td>
</tr>
<tr>
<td>83. In an average week when you are in school, on how many days do you go to physical education (PE) classes?</td>
<td>963</td>
<td>64.4</td>
</tr>
<tr>
<td>1. 0 days</td>
<td>56</td>
<td>4.2</td>
</tr>
<tr>
<td>2. 1 day</td>
<td>41</td>
<td>3.0</td>
</tr>
<tr>
<td>3. 2 days</td>
<td>55</td>
<td>3.9</td>
</tr>
<tr>
<td>4. 3 days</td>
<td>23</td>
<td>1.6</td>
</tr>
<tr>
<td>5. 4 days</td>
<td>325</td>
<td>23.0</td>
</tr>
<tr>
<td>Missing</td>
<td>84</td>
<td></td>
</tr>
<tr>
<td>84. During the past 12 months, on how many sports teams did you play?</td>
<td>689</td>
<td>47.1</td>
</tr>
<tr>
<td>1. 0 teams</td>
<td>400</td>
<td>27.4</td>
</tr>
<tr>
<td>2. 1 team</td>
<td>205</td>
<td>14.5</td>
</tr>
<tr>
<td>3. 2 teams</td>
<td>155</td>
<td>11.0</td>
</tr>
<tr>
<td>Missing</td>
<td>98</td>
<td></td>
</tr>
<tr>
<td>85. Have you ever been taught about AIDS or HIV infection in school?</td>
<td>1,097</td>
<td>75.8</td>
</tr>
<tr>
<td>1. Yes</td>
<td>233</td>
<td>17.0</td>
</tr>
<tr>
<td>2. No</td>
<td>100</td>
<td>7.2</td>
</tr>
<tr>
<td>Missing</td>
<td>117</td>
<td></td>
</tr>
<tr>
<td>86. Has a doctor or nurse ever told you that you have asthma?</td>
<td>362</td>
<td>26.4</td>
</tr>
<tr>
<td>1. Yes</td>
<td>1,020</td>
<td>69.2</td>
</tr>
<tr>
<td>2. No</td>
<td>63</td>
<td>4.4</td>
</tr>
<tr>
<td>Missing</td>
<td>102</td>
<td></td>
</tr>
<tr>
<td>87. When you rode an all-terrain vehicle (ATV) during the past 12 months, how often did you wear a helmet?</td>
<td>570</td>
<td>38.3</td>
</tr>
<tr>
<td>1. I did not ride an ATV during the 12 months</td>
<td>718</td>
<td>50.7</td>
</tr>
<tr>
<td>2. Never wore a helmet</td>
<td>59</td>
<td>4.3</td>
</tr>
<tr>
<td>3. Rarely wore a helmet</td>
<td>34</td>
<td>2.3</td>
</tr>
<tr>
<td>4. Sometimes worn a helmet</td>
<td>32</td>
<td>2.1</td>
</tr>
<tr>
<td>5. Most of the time wore a helmet</td>
<td>35</td>
<td>2.3</td>
</tr>
<tr>
<td>Missing</td>
<td>99</td>
<td></td>
</tr>
<tr>
<td>88. During the past 30 days, on how many days did you talk on a cell phone while driving a car or other vehicle?</td>
<td>354</td>
<td>24.4</td>
</tr>
<tr>
<td>1. I did not drive a car or other vehicle during the past 30 days</td>
<td>486</td>
<td>33.8</td>
</tr>
<tr>
<td>2. 0 days</td>
<td>174</td>
<td>12.2</td>
</tr>
<tr>
<td>3. 1 or 2 days</td>
<td>114</td>
<td>7.8</td>
</tr>
<tr>
<td>4. 3 to 5 days</td>
<td>87</td>
<td>5.7</td>
</tr>
<tr>
<td>5. 6 to 9 days</td>
<td>83</td>
<td>5.5</td>
</tr>
<tr>
<td>6. 10 to 19 days</td>
<td>45</td>
<td>2.9</td>
</tr>
<tr>
<td>7. All 30 days</td>
<td>116</td>
<td>7.7</td>
</tr>
<tr>
<td>Missing</td>
<td>88</td>
<td></td>
</tr>
<tr>
<td>89. During the past 12 months, how many times has someone stolen or deliberately damaged your property such as your car, clothing, or books on school property?</td>
<td>1,121</td>
<td>76.5</td>
</tr>
<tr>
<td>1. 0 times</td>
<td>163</td>
<td>10.6</td>
</tr>
<tr>
<td>2. 1 time</td>
<td>98</td>
<td>7.3</td>
</tr>
<tr>
<td>3. 2 or 3 times</td>
<td>32</td>
<td>2.3</td>
</tr>
<tr>
<td>4. 4 or 5 times</td>
<td>18</td>
<td>1.4</td>
</tr>
<tr>
<td>5. 6 or 7 times</td>
<td>3</td>
<td>0.2</td>
</tr>
<tr>
<td>6. 8 or 9 times</td>
<td>2</td>
<td>0.1</td>
</tr>
<tr>
<td>7. 10 or 11 times</td>
<td>22</td>
<td>1.6</td>
</tr>
<tr>
<td>8. 12 or more times</td>
<td>88</td>
<td></td>
</tr>
<tr>
<td>90. During the past 12 months, have you ever been the victim of teasing or name calling because someone thought you were gay, lesbian, or bisexual?</td>
<td>222</td>
<td>15.9</td>
</tr>
<tr>
<td>1. Yes</td>
<td>1,198</td>
<td>84.1</td>
</tr>
<tr>
<td>2. No</td>
<td>127</td>
<td></td>
</tr>
<tr>
<td>91. Do you agree or disagree that harassment and bullying by other students is a problem at your school?</td>
<td>383</td>
<td>27.3</td>
</tr>
<tr>
<td>1. Strongly agree</td>
<td>280</td>
<td>19.9</td>
</tr>
<tr>
<td>2. Agree</td>
<td>349</td>
<td>24.3</td>
</tr>
<tr>
<td>3. Not sure</td>
<td>205</td>
<td>13.7</td>
</tr>
<tr>
<td>4. Disagree</td>
<td>87</td>
<td>6.2</td>
</tr>
<tr>
<td>5. Strongly disagree</td>
<td>103</td>
<td></td>
</tr>
</tbody>
</table>
92. During the past 30 days, what type of alcohol did you usually drink?

<table>
<thead>
<tr>
<th>Option</th>
<th>#</th>
<th>%</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. I did not drink alcohol during the past 30 days</td>
<td>827</td>
<td>61.1</td>
</tr>
<tr>
<td>2. I do not have a usual type</td>
<td>56</td>
<td>4.4</td>
</tr>
<tr>
<td>3. Beer</td>
<td>121</td>
<td>8.9</td>
</tr>
<tr>
<td>4. Malt beverages, such as Smirnoff Ice, Bacardi Silver, and Hard Lemonade</td>
<td>82</td>
<td>6.2</td>
</tr>
<tr>
<td>5. Wine coolers, such as Bartles and James or Seagrams</td>
<td>15</td>
<td>1.3</td>
</tr>
<tr>
<td>6. Wine</td>
<td>10</td>
<td>0.7</td>
</tr>
<tr>
<td>7. Liquor, such as vodka, rum, scotch, bourbon, or other whiskey</td>
<td>219</td>
<td>15.9</td>
</tr>
<tr>
<td>8. Some other type</td>
<td>19</td>
<td>1.6</td>
</tr>
<tr>
<td>Missing</td>
<td>198</td>
<td></td>
</tr>
</tbody>
</table>

93. During the past 30 days, what brand of beer did you usually drink?

<table>
<thead>
<tr>
<th>Option</th>
<th>#</th>
<th>%</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. I did not drink beer during the past 30 days</td>
<td>1,019</td>
<td>73.4</td>
</tr>
<tr>
<td>2. I do not have a usual brand</td>
<td>54</td>
<td>4.0</td>
</tr>
<tr>
<td>3. Bud Light</td>
<td>162</td>
<td>11.8</td>
</tr>
<tr>
<td>4. Budweiser</td>
<td>35</td>
<td>2.4</td>
</tr>
<tr>
<td>5. Coors Light</td>
<td>29</td>
<td>2.1</td>
</tr>
<tr>
<td>6. Miller Light</td>
<td>20</td>
<td>1.4</td>
</tr>
<tr>
<td>7. Natural Light</td>
<td>10</td>
<td>0.8</td>
</tr>
<tr>
<td>8. Some other brand</td>
<td>61</td>
<td>4.2</td>
</tr>
<tr>
<td>Missing</td>
<td>157</td>
<td></td>
</tr>
</tbody>
</table>

94. During the past 30 days, where did you usually drink alcohol

<table>
<thead>
<tr>
<th>Option</th>
<th>#</th>
<th>%</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. I did not drink alcohol during the past 30 days</td>
<td>831</td>
<td>61.3</td>
</tr>
<tr>
<td>2. At my home</td>
<td>147</td>
<td>10.9</td>
</tr>
<tr>
<td>3. At another person’s home</td>
<td>285</td>
<td>20.8</td>
</tr>
<tr>
<td>4. While riding in or diving a car or other vehicle</td>
<td>22</td>
<td>1.9</td>
</tr>
<tr>
<td>5. At a restaurant, bar, or club</td>
<td>20</td>
<td>1.3</td>
</tr>
<tr>
<td>6. At a public place such as a park, beach, or parking lot</td>
<td>23</td>
<td>1.6</td>
</tr>
<tr>
<td>7. At a public event such as a concert or sporting event</td>
<td>17</td>
<td>1.4</td>
</tr>
<tr>
<td>8. On school property</td>
<td>9</td>
<td>0.8</td>
</tr>
<tr>
<td>Missing</td>
<td>193</td>
<td></td>
</tr>
</tbody>
</table>

95. The first time you had sexual intercourse, how many years younger or older that you was your partner?

<table>
<thead>
<tr>
<th>Option</th>
<th>#</th>
<th>%</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. I have never had sexual intercourse</td>
<td>692</td>
<td>48.9</td>
</tr>
<tr>
<td>2. 5 or more years younger</td>
<td>32</td>
<td>2.4</td>
</tr>
<tr>
<td>3. 3 to 4 years younger</td>
<td>60</td>
<td>4.4</td>
</tr>
<tr>
<td>4. About the same age</td>
<td>445</td>
<td>31.1</td>
</tr>
<tr>
<td>5. 3 to 4 years older</td>
<td>100</td>
<td>7.4</td>
</tr>
<tr>
<td>6. 5 or more years older</td>
<td>41</td>
<td>2.8</td>
</tr>
<tr>
<td>7. Not sure</td>
<td>35</td>
<td>3.0</td>
</tr>
<tr>
<td>Missing</td>
<td>142</td>
<td></td>
</tr>
</tbody>
</table>

96. Have you ever been tested for HIV, the virus that causes AIDS?

<table>
<thead>
<tr>
<th>Option</th>
<th>#</th>
<th>%</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. Yes</td>
<td>252</td>
<td>17.5</td>
</tr>
<tr>
<td>2. No</td>
<td>1,090</td>
<td>74.8</td>
</tr>
<tr>
<td>3. Not sure</td>
<td>110</td>
<td>7.7</td>
</tr>
<tr>
<td>Missing</td>
<td>95</td>
<td></td>
</tr>
</tbody>
</table>

97. Have you ever been tested for a sexually transmitted disease?

<table>
<thead>
<tr>
<th>Option</th>
<th>#</th>
<th>%</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. Yes</td>
<td>241</td>
<td>17.5</td>
</tr>
<tr>
<td>2. No</td>
<td>1,049</td>
<td>76.5</td>
</tr>
<tr>
<td>3. Not sure</td>
<td>79</td>
<td>6.0</td>
</tr>
<tr>
<td>Missing</td>
<td>178</td>
<td></td>
</tr>
</tbody>
</table>

98. How often do you feel safe and secure at school?

<table>
<thead>
<tr>
<th>Option</th>
<th>#</th>
<th>%</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. Never</td>
<td>137</td>
<td>10.0</td>
</tr>
<tr>
<td>2. Rarely</td>
<td>104</td>
<td>8.5</td>
</tr>
<tr>
<td>3. Sometimes</td>
<td>175</td>
<td>13.3</td>
</tr>
<tr>
<td>4. Most of the time</td>
<td>501</td>
<td>35.3</td>
</tr>
<tr>
<td>5. Always</td>
<td>466</td>
<td>32.9</td>
</tr>
<tr>
<td>Missing</td>
<td>164</td>
<td></td>
</tr>
</tbody>
</table>

99. Is there at least one teacher or other adult in this school that you can talk to if you have a problem?

<table>
<thead>
<tr>
<th>Option</th>
<th>#</th>
<th>%</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. Yes</td>
<td>998</td>
<td>72.5</td>
</tr>
<tr>
<td>2. No</td>
<td>251</td>
<td>19.2</td>
</tr>
<tr>
<td>3. Not sure</td>
<td>117</td>
<td>8.4</td>
</tr>
<tr>
<td>Missing</td>
<td>181</td>
<td></td>
</tr>
</tbody>
</table>
References


This publication was supported by a grant from the Centers for Disease Control and Prevention (CDC), Cooperative Agreement No. 5U87PS004160-02. Its contents are solely the responsibility of the authors and do not necessarily represent the official views of CDC.

Arkansas Department of Education
Arkansas Department of Health
School Health Services