

**Arkansas Department of Education
2006 School Health Profiles Report
Weighted Lead Health Education Teacher Survey Results**

2. Percentage of schools that require teachers to use each of the following materials in a required health education course.*

	N	Percent	95% Confidence Interval
a. The National Health Education Standards			
Senior High School	63	61	51 - 71
Middle School	79	72	65 - 79
Junior/Senior High School Combined	69	70	63 - 78
Overall	211	68	63 - 73
b. The Health Education Curriculum Analysis Tool (HECAT) from the Centers for Disease Control and Prevention			
Senior High School	60	6	2 - 10
Middle School	76	17	10 - 23
Junior/Senior High School Combined	70	16	10 - 21
Overall	206	13	10 - 16
c. Any state-, district-, or school-developed curriculum			
Senior High School	64	95	91 - 99
Middle School	78	93	90 - 97
Junior/Senior High School Combined	71	97	95 - 100
Overall	213	95	93 - 97
d. A commercially-developed curriculum			
Senior High School	61	38	29 - 46
Middle School	77	42	34 - 50
Junior/Senior High School Combined	70	40	32 - 48
Overall	208	40	35 - 45
e. A commercially-developed student textbook			
Senior High School	64	80	72 - 88
Middle School	79	77	71 - 83
Junior/Senior High School Combined	71	81	75 - 88
Overall	214	79	75 - 83
f. A commercially-developed teacher's guide			
Senior High School	63	59	50 - 69
Middle School	77	69	61 - 76
Junior/Senior High School Combined	71	66	57 - 74
Overall	211	65	60 - 70

*Among those schools that require a health education course for students in any of grades 6 through 12.
N=Unweighted number of observations

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2. Percentage of schools that require teachers to use each of the following materials in a required health education course.*

	N	Percent	95% Confidence Interval
g. Health education performance assessment materials			
Senior High School	62	54	45 - 64
Middle School	76	59	51 - 67
Junior/Senior High School Combined	71	55	47 - 63
Overall	209	56	51 - 61
h. Any materials from health organizations, such as the American Heart Association or the American Cancer Society			
Senior High School	60	42	32 - 52
Middle School	75	44	36 - 52
Junior/Senior High School Combined	70	45	36 - 53
Overall	205	43	38 - 49

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3. Percentage of schools in which teachers tried to increase student knowledge on each of the following topics in a required health education course.*

	N	Percent	95% Confidence Interval
a. Alcohol or other drug use prevention			
Senior High School	65	100	100 - 100
Middle School	81	100	100 - 100
Junior/Senior High School Combined	73	100	100 - 100
Overall	219	100	100 - 100
b. Asthma awareness			
Senior High School	64	74	66 - 82
Middle School	79	66	59 - 74
Junior/Senior High School Combined	72	66	58 - 74
Overall	215	68	64 - 73
c. Consumer health			
Senior High School	65	95	91 - 99
Middle School	81	91	87 - 95
Junior/Senior High School Combined	74	99	97 - 100
Overall	220	95	93 - 97
d. Cardiopulmonary resuscitation (CPR)			
Senior High School	65	83	76 - 90
Middle School	80	64	58 - 71
Junior/Senior High School Combined	74	80	73 - 86
Overall	219	75	71 - 79
e. Dental and oral health			
Senior High School	64	84	78 - 90
Middle School	80	90	86 - 94
Junior/Senior High School Combined	74	92	87 - 96
Overall	218	89	86 - 92
f. Emotional and mental health			
Senior High School	64	98	96 - 100
Middle School	80	96	93 - 99
Junior/Senior High School Combined	73	97	94 - 100
Overall	217	97	95 - 99
g. Environmental health			
Senior High School	65	78	71 - 85
Middle School	79	82	77 - 88
Junior/Senior High School Combined	74	88	82 - 93
Overall	218	83	79 - 86

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3. Percentage of schools in which teachers tried to increase student knowledge on each of the following topics in a required health education course.*

	N	Percent	95% Confidence Interval
h. First aid			
Senior High School	64	92	88 - 97
Middle School	81	83	77 - 88
Junior/Senior High School Combined	74	92	87 - 96
Overall	219	89	86 - 91
i. Foodborne illness prevention			
Senior High School	65	80	72 - 87
Middle School	79	69	62 - 76
Junior/Senior High School Combined	74	73	65 - 80
Overall	218	73	69 - 78
j. Growth and development			
Senior High School	64	94	89 - 98
Middle School	79	93	89 - 97
Junior/Senior High School Combined	74	96	93 - 99
Overall	217	94	92 - 97
k. HIV (human immunodeficiency virus) prevention			
Senior High School	61	100	100 - 100
Middle School	69	91	86 - 96
Junior/Senior High School Combined	70	97	94 - 100
Overall	200	96	94 - 98
l. Human sexuality			
Senior High School	65	84	78 - 90
Middle School	79	70	65 - 76
Junior/Senior High School Combined	74	84	78 - 89
Overall	218	79	76 - 82
m. Immunizations			
Senior High School	65	80	73 - 87
Middle School	79	68	61 - 75
Junior/Senior High School Combined	74	83	77 - 89
Overall	218	76	72 - 80
n. Injury prevention and safety			
Senior High School	65	97	94 - 100
Middle School	79	92	88 - 97
Junior/Senior High School Combined	74	100	100 - 100
Overall	218	96	94 - 98

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3. Percentage of schools in which teachers tried to increase student knowledge on each of the following topics in a required health education course.*

	N	Percent	95% Confidence Interval
o. Nutrition and dietary behavior			
Senior High School	64	100	100 - 100
Middle School	79	99	97 - 100
Junior/Senior High School Combined	73	100	100 - 100
Overall	216	99	99 - 100
p. Physical activity and fitness			
Senior High School	65	100	100 - 100
Middle School	81	99	97 - 100
Junior/Senior High School Combined	74	100	100 - 100
Overall	220	100	99 - 100
q. Pregnancy prevention			
Senior High School	60	97	94 - 100
Middle School	72	83	77 - 90
Junior/Senior High School Combined	72	93	88 - 97
Overall	204	91	88 - 93
r. STD (sexually transmitted disease) prevention			
Senior High School	64	95	91 - 99
Middle School	78	81	75 - 87
Junior/Senior High School Combined	74	94	91 - 98
Overall	216	90	87 - 92
s. Suicide prevention			
Senior High School	64	84	78 - 90
Middle School	80	72	65 - 79
Junior/Senior High School Combined	74	91	86 - 95
Overall	218	82	78 - 85
t. Sun safety or skin cancer prevention			
Senior High School	64	85	79 - 92
Middle School	79	72	66 - 79
Junior/Senior High School Combined	74	89	84 - 93
Overall	217	82	78 - 85
u. Tobacco-use prevention			
Senior High School	65	100	100 - 100
Middle School	80	99	97 - 100
Junior/Senior High School Combined	74	99	97 - 100
Overall	219	99	98 - 100

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3. Percentage of schools in which teachers tried to increase student knowledge on each of the following topics in a required health education course.*

	N	Percent	95% Confidence Interval
v. Violence prevention			
Senior High School	65	95	91 - 99
Middle School	80	92	89 - 96
Junior/Senior High School Combined	74	97	95 - 100
Overall	219	95	93 - 97

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4. Percentage of schools in which teachers tried to improve each of the following student skills in a required health education course.*

	N	Percent	95% Confidence Interval
a. How to find valid information or services related to personal health and wellness			
Senior High School	65	96	92 - 99
Middle School	82	90	86 - 95
Junior/Senior High School Combined	74	92	88 - 96
Overall	221	92	90 - 95
b. Influence of media on personal health and wellness			
Senior High School	65	95	92 - 99
Middle School	81	95	91 - 98
Junior/Senior High School Combined	74	94	90 - 98
Overall	220	95	93 - 97
c. Communication skills, such as how to ask for assistance with a health-related problem			
Senior High School	65	95	91 - 99
Middle School	82	86	81 - 92
Junior/Senior High School Combined	74	91	86 - 95
Overall	221	90	87 - 93
d. Decision-making skills, such as deciding to get appropriate health screenings and exams			
Senior High School	65	91	85 - 96
Middle School	82	89	84 - 93
Junior/Senior High School Combined	74	94	91 - 98
Overall	221	91	89 - 94
e. Goal-setting skills, such as setting a goal for improving personal health habits			
Senior High School	65	96	93 - 100
Middle School	82	98	95 - 100
Junior/Senior High School Combined	74	99	97 - 100
Overall	221	98	96 - 99
f. Conflict resolution skills, such as techniques to resolve interpersonal conflicts without fighting			
Senior High School	65	88	82 - 94
Middle School	82	93	89 - 97
Junior/Senior High School Combined	74	93	89 - 97
Overall	221	92	89 - 94

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4. Percentage of schools in which teachers tried to improve each of the following student skills in a required health education course.*

	N	Percent	95% Confidence Interval
g. Resisting peer pressure to engage in unhealthy behavior related to personal health and wellness			
Senior High School	65	100	100 - 100
Middle School	82	99	97 - 100
Junior/Senior High School Combined	74	100	100 - 100
Overall	221	100	99 - 100

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5. Percentage of schools in which teachers sometimes, almost always, or always used each of the following teaching methods in a required health education course.*

	N	Percent	95% Confidence Interval
a. Audio-visual media, such as videos			
Senior High School	65	87	82 - 93
Middle School	81	91	87 - 95
Junior/Senior High School Combined	74	80	73 - 87
Overall	220	86	83 - 89
b. Group discussions			
Senior High School	65	97	94 - 100
Middle School	81	100	100 - 100
Junior/Senior High School Combined	74	100	100 - 100
Overall	220	99	98 - 100
c. Cooperative group activities			
Senior High School	65	83	77 - 89
Middle School	81	91	86 - 96
Junior/Senior High School Combined	74	88	83 - 93
Overall	220	88	85 - 91
d. Role play, simulations, or practice			
Senior High School	65	45	37 - 54
Middle School	80	65	58 - 73
Junior/Senior High School Combined	72	53	45 - 61
Overall	217	55	51 - 60
e. Language, performing, or visual arts			
Senior High School	65	36	27 - 44
Middle School	80	39	32 - 47
Junior/Senior High School Combined	73	35	27 - 43
Overall	218	37	32 - 41
f. Pledges or contracts for changing behavior or abstaining from a behavior			
Senior High School	64	22	14 - 30
Middle School	81	38	30 - 45
Junior/Senior High School Combined	73	30	22 - 38
Overall	218	31	26 - 35
g. Peer teaching			
Senior High School	65	51	44 - 58
Middle School	81	55	48 - 62
Junior/Senior High School Combined	72	53	45 - 61
Overall	218	53	49 - 57

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5. Percentage of schools in which teachers sometimes, almost always, or always used each of the following teaching methods in a required health education course.*

	N	Percent	95% Confidence Interval
h. The Internet			
Senior High School	65	63	55 - 72
Middle School	81	62	55 - 69
Junior/Senior High School Combined	72	66	58 - 74
Overall	218	64	59 - 68
i. Computer-assisted instruction			
Senior High School	62	33	24 - 42
Middle School	81	35	28 - 42
Junior/Senior High School Combined	74	47	39 - 55
Overall	217	39	34 - 43
j. Guest speakers			
Senior High School	64	65	57 - 73
Middle School	77	60	52 - 69
Junior/Senior High School Combined	71	37	28 - 45
Overall	212	54	49 - 59
k. Health education programs available through videoconferencing or other distance learning methods			
Senior High School	64	8	3 - 12
Middle School	81	8	4 - 13
Junior/Senior High School Combined	74	15	9 - 21
Overall	219	10	7 - 13

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6. Percentage of schools in which teachers used each of the following teaching methods to highlight diversity or the values of various cultures in a required health education course.*

	N	Percent	95% Confidence Interval
a. Use textbooks or curricular materials reflective of various cultures			
Senior High School	65	65	58 - 73
Middle School	81	69	62 - 76
Junior/Senior High School Combined	74	66	59 - 74
Overall	220	67	63 - 71
b. Use textbooks or curricular materials designed for students with limited English proficiency			
Senior High School	65	41	31 - 50
Middle School	81	40	32 - 48
Junior/Senior High School Combined	74	25	18 - 33
Overall	220	35	31 - 40
c. Ask students or families to share their own cultural experiences related to health topics			
Senior High School	65	67	60 - 75
Middle School	81	67	60 - 73
Junior/Senior High School Combined	74	56	48 - 64
Overall	220	63	59 - 67
d. Teach about cultural differences and similarities			
Senior High School	65	85	78 - 91
Middle School	82	88	85 - 92
Junior/Senior High School Combined	74	83	78 - 89
Overall	221	86	83 - 89
e. Modify teaching methods to match students' learning styles, health beliefs, or cultural values			
Senior High School	65	92	87 - 97
Middle School	82	87	83 - 91
Junior/Senior High School Combined	74	86	81 - 92
Overall	221	88	86 - 91

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7. Percentage of schools in which teachers asked students to participate in each of the following activities as part of a required health education course.*

	N	Percent	95% Confidence Interval
a. Perform volunteer work at a hospital, a local health department, or any other local organization that addresses health issues			
Senior High School	65	9	4 - 15
Middle School	82	14	8 - 20
Junior/Senior High School Combined	74	11	6 - 15
Overall	221	12	9 - 15
b. Participate in or attend a community health fair			
Senior High School	65	27	19 - 35
Middle School	82	21	15 - 27
Junior/Senior High School Combined	73	13	8 - 19
Overall	220	20	17 - 24
c. Gather information about health services that are available in the community			
Senior High School	65	56	48 - 64
Middle School	82	49	42 - 56
Junior/Senior High School Combined	74	49	41 - 57
Overall	221	51	47 - 56
d. Visit a store to compare prices of health products			
Senior High School	65	35	27 - 43
Middle School	82	32	24 - 39
Junior/Senior High School Combined	74	29	22 - 36
Overall	221	32	27 - 36
e. Identify potential injury sites at school, home, or in the community			
Senior High School	65	63	55 - 72
Middle School	82	64	56 - 72
Junior/Senior High School Combined	74	58	50 - 66
Overall	221	62	57 - 66
f. Identify advertising in the community designed to influence health behaviors			
Senior High School	65	76	69 - 83
Middle School	82	72	65 - 78
Junior/Senior High School Combined	74	68	61 - 76
Overall	221	72	68 - 76

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7. Percentage of schools in which teachers asked students to participate in each of the following activities as part of a required health education course.*

	N	Percent	95% Confidence Interval
g. Advocate for a health-related issue			
Senior High School	65	51	42 - 61
Middle School	81	43	35 - 50
Junior/Senior High School Combined	73	40	32 - 48
Overall	219	44	40 - 49
h. Complete homework or projects that involve family members			
Senior High School	65	70	61 - 78
Middle School	82	79	73 - 86
Junior/Senior High School Combined	74	74	66 - 82
Overall	221	75	70 - 79

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8. Percentage of schools in which teachers taught each of the following tobacco-use prevention topics in a required health education course.*

	N	Percent	95% Confidence Interval
a. Short- and long-term health consequences of cigarette smoking (such as stained teeth, bad breath, heart disease, and cancer)			
Senior High School	65	100	100 - 100
Middle School	82	99	97 - 100
Junior/Senior High School Combined	74	99	97 - 100
Overall	221	99	98 - 100
b. Benefits of not smoking cigarettes (including long- and short-term health benefits, social benefits, environmental benefits, and financial benefits)			
Senior High School	65	100	100 - 100
Middle School	82	99	97 - 100
Junior/Senior High School Combined	74	99	97 - 100
Overall	221	99	98 - 100
c. Short- and long-term health consequences of cigar smoking			
Senior High School	65	95	91 - 99
Middle School	82	90	85 - 95
Junior/Senior High School Combined	74	91	86 - 95
Overall	221	92	89 - 94
d. Short- and long-term health consequences of using smokeless tobacco			
Senior High School	65	100	100 - 100
Middle School	81	99	97 - 100
Junior/Senior High School Combined	74	97	95 - 100
Overall	220	99	97 - 100
e. Benefits of not using smokeless tobacco			
Senior High School	65	99	97 - 100
Middle School	82	99	97 - 100
Junior/Senior High School Combined	74	97	97 - 98
Overall	221	98	97 - 99
f. Addictive effects of nicotine in tobacco products			
Senior High School	65	100	100 - 100
Middle School	82	96	93 - 99
Junior/Senior High School Combined	74	99	97 - 100
Overall	221	98	97 - 99

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**Responses to question 8 a through p all are "yes."

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8. Percentage of schools in which teachers taught each of the following tobacco-use prevention topics in a required health education course.*

	N	Percent	95% Confidence Interval
g. How many young people use tobacco			
Senior High School	65	99	97 - 100
Middle School	82	97	95 - 100
Junior/Senior High School Combined	74	96	94 - 98
Overall	221	97	96 - 99
h. Influence of families on tobacco use			
Senior High School	65	97	94 - 100
Middle School	82	99	97 - 100
Junior/Senior High School Combined	74	94	92 - 97
Overall	221	97	95 - 98
i. Influence of the media on tobacco use			
Senior High School	65	99	97 - 100
Middle School	82	97	95 - 100
Junior/Senior High School Combined	74	93	90 - 97
Overall	221	96	95 - 98
j. Social or cultural influences on tobacco use			
Senior High School	65	97	95 - 100
Middle School	82	96	93 - 99
Junior/Senior High School Combined	74	91	86 - 95
Overall	221	95	93 - 97
k. How to find valid information or services related to tobacco-use prevention or cessation			
Senior High School	65	86	80 - 93
Middle School	82	86	80 - 91
Junior/Senior High School Combined	73	79	73 - 86
Overall	220	84	80 - 87
l. Making a personal commitment not to use tobacco			
Senior High School	63	72	64 - 80
Middle School	82	84	78 - 90
Junior/Senior High School Combined	74	77	70 - 84
Overall	219	78	74 - 82

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8. Percentage of schools in which teachers taught each of the following tobacco-use prevention topics in a required health education course.*

	N	Percent	95% Confidence Interval
m. How students can influence or support others to prevent tobacco use			
Senior High School	65	94	89 - 98
Middle School	82	95	92 - 99
Junior/Senior High School Combined	74	93	89 - 97
Overall	221	94	92 - 96
n. How students can influence or support others in efforts to quit using tobacco			
Senior High School	65	94	90 - 98
Middle School	82	94	91 - 98
Junior/Senior High School Combined	73	93	89 - 97
Overall	220	94	92 - 96
o. Resisting peer pressure to use tobacco			
Senior High School	65	100	100 - 100
Middle School	82	99	97 - 100
Junior/Senior High School Combined	74	99	97 - 100
Overall	221	99	98 - 100
p. The health effects of environmental tobacco smoke (ETS) or second-hand smoke			
Senior High School	65	98	96 - 100
Middle School	82	97	95 - 100
Junior/Senior High School Combined	74	94	91 - 98
Overall	221	97	95 - 98
All 16 tobacco-use prevention topics**			
Senior High School	63	67	58 - 75
Middle School	81	74	66 - 81
Junior/Senior High School Combined	72	68	60 - 76
Overall	216	70	65 - 74

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**Responses to question 8 a through p all are "yes."

N=Unweighted number of observations

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9. Percentage of schools in which teachers taught each of the following pregnancy, HIV, or STD prevention topics in a required health education course.*

	N	Percent	95% Confidence Interval
a. Abstinence as the most effective method to avoid pregnancy, HIV, and STDs			
Senior High School	56	100	100 - 100
Middle School	69	77	70 - 84
Junior/Senior High School Combined	68	94	90 - 98
Overall	193	90	87 - 92
b. How to correctly use a condom			
Senior High School	64	34	26 - 42
Middle School	80	10	6 - 14
Junior/Senior High School Combined	73	19	13 - 25
Overall	217	20	17 - 24
c. Condom efficacy, that is, how well condoms work and do not work			
Senior High School	64	71	64 - 78
Middle School	80	45	38 - 52
Junior/Senior High School Combined	72	62	55 - 69
Overall	216	58	54 - 63
d. Risks associated with having multiple sexual partners			
Senior High School	58	93	87 - 98
Middle School	72	70	62 - 78
Junior/Senior High School Combined	71	89	83 - 94
Overall	201	83	79 - 87
e. Social or cultural influences on sexual behavior			
Senior High School	61	81	74 - 87
Middle School	74	63	56 - 71
Junior/Senior High School Combined	71	80	73 - 87
Overall	206	74	70 - 78
f. How to prevent HIV infection			
Senior High School	58	97	93 - 100
Middle School	71	75	68 - 82
Junior/Senior High School Combined	70	91	86 - 96
Overall	199	87	84 - 90

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**Responses to question 9 a through k all are "yes."

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9. Percentage of schools in which teachers taught each of the following pregnancy, HIV, or STD prevention topics in a required health education course.*

	N	Percent	95% Confidence Interval
g. How HIV is transmitted			
Senior High School	58	97	93 - 100
Middle School	70	77	71 - 84
Junior/Senior High School Combined	69	93	88 - 97
Overall	197	88	85 - 91
h. How HIV affects the human body			
Senior High School	59	95	91 - 99
Middle School	71	76	69 - 83
Junior/Senior High School Combined	69	90	85 - 94
Overall	199	86	83 - 90
i. Influence of alcohol and other drugs on HIV-related risk behaviors			
Senior High School	59	93	88 - 98
Middle School	67	77	71 - 84
Junior/Senior High School Combined	68	91	88 - 94
Overall	194	87	84 - 90
j. How to find valid information or services related to HIV or HIV testing			
Senior High School	61	86	80 - 93
Middle School	71	64	56 - 72
Junior/Senior High School Combined	70	78	72 - 85
Overall	202	76	72 - 80
k. Compassion for persons living with HIV or AIDS			
Senior High School	61	83	76 - 90
Middle School	73	63	55 - 71
Junior/Senior High School Combined	70	78	72 - 85
Overall	204	74	70 - 78
All 11 pregnancy, HIV, and STD prevention topics**			
Senior High School	55	38	29 - 47
Middle School	64	12	7 - 17
Junior/Senior High School Combined	67	21	15 - 27
Overall	186	23	19 - 27

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**Responses to question 9 a through k all are "yes."

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10. Percentage of schools in which teachers taught each of the following nutrition and dietary behavior topics in a required health education course.*

	N	Percent	95% Confidence Interval
a. The benefits of healthy eating			
Senior High School	64	100	100 - 100
Middle School	79	99	97 - 100
Junior/Senior High School Combined	74	100	100 - 100
Overall	217	99	99 - 100
b. Food guidance using MyPyramid			
Senior High School	65	92	88 - 97
Middle School	78	90	86 - 94
Junior/Senior High School Combined	74	96	93 - 99
Overall	217	93	91 - 95
c. Using food labels			
Senior High School	64	94	90 - 98
Middle School	80	91	87 - 96
Junior/Senior High School Combined	74	97	95 - 100
Overall	218	94	92 - 96
d. Balancing food intake and physical activity			
Senior High School	64	100	100 - 100
Middle School	79	98	95 - 100
Junior/Senior High School Combined	74	100	100 - 100
Overall	217	99	98 - 100
e. Eating more fruits, vegetables, and grain products			
Senior High School	65	97	93 - 100
Middle School	80	95	91 - 98
Junior/Senior High School Combined	74	100	100 - 100
Overall	219	97	96 - 99
f. Choosing foods that are low in fat, saturated fat, and cholesterol			
Senior High School	65	98	96 - 100
Middle School	80	91	87 - 96
Junior/Senior High School Combined	74	100	100 - 100
Overall	219	96	94 - 98
g. Using sugars in moderation			
Senior High School	64	100	100 - 100
Middle School	79	91	87 - 96
Junior/Senior High School Combined	74	96	93 - 99
Overall	217	96	94 - 98

*Among those schools that require a health education course for students in any of grades 6 through 12.

**Responses to question 10 a through n all are "yes."

N=Unweighted number of observations

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10. Percentage of schools in which teachers taught each of the following nutrition and dietary behavior topics in a required health education course.*

	N	Percent	95% Confidence Interval
h. Using salt and sodium in moderation			
Senior High School	65	93	89 - 98
Middle School	79	90	86 - 95
Junior/Senior High School Combined	74	96	93 - 99
Overall	218	93	91 - 95
i. Eating more calcium-rich foods			
Senior High School	64	92	88 - 96
Middle School	80	87	82 - 92
Junior/Senior High School Combined	74	91	86 - 95
Overall	218	89	87 - 92
j. Food safety			
Senior High School	65	91	85 - 96
Middle School	80	81	76 - 87
Junior/Senior High School Combined	74	89	84 - 94
Overall	219	87	84 - 90
k. Preparing healthy meals and snacks			
Senior High School	65	97	93 - 100
Middle School	80	86	80 - 92
Junior/Senior High School Combined	74	96	92 - 99
Overall	219	93	90 - 95
l. Risks of unhealthy weight control practices			
Senior High School	64	98	96 - 100
Middle School	79	93	88 - 97
Junior/Senior High School Combined	74	97	94 - 100
Overall	217	96	94 - 98
m. Accepting body size differences			
Senior High School	64	96	92 - 99
Middle School	79	87	82 - 93
Junior/Senior High School Combined	74	94	91 - 98
Overall	217	92	90 - 95
n. Eating disorders			
Senior High School	64	98	96 - 100
Middle School	79	87	82 - 93
Junior/Senior High School Combined	74	97	94 - 100
Overall	217	94	92 - 96

*Among those schools that require a health education course for students in any of grades 6 through 12.

**Responses to question 10 a through n all are "yes."

N=Unweighted number of observations

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10. Percentage of schools in which teachers taught each of the following nutrition and dietary behavior topics in a required health education course.*

	N	Percent	95% Confidence Interval
All 14 nutrition and dietary behavior topics**			
Senior High School	64	75	68 - 82
Middle School	78	72	65 - 79
Junior/Senior High School Combined	74	80	73 - 86
Overall	216	76	72 - 80

*Among those schools that require a health education course for students in any of grades 6 through 12.

**Responses to question 10 a through n all are "yes."

N=Unweighted number of observations

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11. Percentage of schools in which teachers taught each of the following physical activity topics in a required health education course.*

	N	Percent	95% Confidence Interval
a. The physical, psychological, or social benefits of physical activity			
Senior High School	65	100	100 - 100
Middle School	81	98	95 - 100
Junior/Senior High School Combined	74	97	95 - 100
Overall	220	98	97 - 99
b. Health-related fitness (i.e. cardiovascular endurance, muscular endurance, muscular strength, flexibility, and body composition)			
Senior High School	65	100	100 - 100
Middle School	81	96	93 - 99
Junior/Senior High School Combined	74	96	93 - 99
Overall	220	97	96 - 99
c. The difference between physical activity, exercise, and fitness			
Senior High School	65	95	91 - 99
Middle School	80	94	91 - 98
Junior/Senior High School Combined	74	93	89 - 97
Overall	219	94	92 - 96
d. Phases of a workout (i.e., warm-up, workout, and cool down)			
Senior High School	65	98	96 - 100
Middle School	81	92	88 - 96
Junior/Senior High School Combined	74	96	93 - 99
Overall	220	95	93 - 97
e. How much physical activity is enough (i.e., determining frequency, intensity, time, and type of physical activity)			
Senior High School	65	95	92 - 97
Middle School	81	89	84 - 94
Junior/Senior High School Combined	74	97	95 - 100
Overall	220	93	91 - 96
f. Developing an individualized physical activity plan			
Senior High School	65	85	80 - 90
Middle School	81	75	69 - 81
Junior/Senior High School Combined	74	89	84 - 94
Overall	220	83	79 - 86

*Among those schools that require a health education course for students in any of grades 6 through 12.

**Responses to question 11 a through m all are "yes."

N=Unweighted number of observations

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11. Percentage of schools in which teachers taught each of the following physical activity topics in a required health education course.*

	N	Percent	95% Confidence Interval
g. Monitoring progress toward reaching goals in an individualized physical activity plan			
Senior High School	65	77	73 - 82
Middle School	81	73	66 - 79
Junior/Senior High School Combined	73	83	77 - 90
Overall	219	78	74 - 81
h. Overcoming barriers to physical activity			
Senior High School	65	85	79 - 92
Middle School	81	78	72 - 85
Junior/Senior High School Combined	74	84	78 - 90
Overall	220	82	79 - 86
i. Decreasing sedentary activities such as television watching			
Senior High School	65	95	92 - 99
Middle School	81	93	89 - 97
Junior/Senior High School Combined	74	96	93 - 99
Overall	220	95	92 - 97
j. Opportunities for physical activity in the community			
Senior High School	65	86	79 - 92
Middle School	81	86	81 - 91
Junior/Senior High School Combined	74	83	76 - 89
Overall	220	85	81 - 88
k. Preventing injury during physical activity			
Senior High School	65	98	96 - 100
Middle School	81	95	91 - 98
Junior/Senior High School Combined	73	96	92 - 99
Overall	219	96	94 - 98
l. Weather-related safety (e.g., avoiding heat stroke, hypothermia, and sunburn while physically active)			
Senior High School	65	95	92 - 99
Middle School	81	88	84 - 93
Junior/Senior High School Combined	73	94	92 - 97
Overall	219	92	90 - 95

*Among those schools that require a health education course for students in any of grades 6 through 12.

**Responses to question 11 a through m all are "yes."

N=Unweighted number of observations

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11. Percentage of schools in which teachers taught each of the following physical activity topics in a required health education course.*

	N	Percent	95% Confidence Interval
m. Dangers of using performance-enhancing drugs, such as steroids			
Senior High School	65	97	94 - 100
Middle School	81	94	90 - 98
Junior/Senior High School Combined	73	97	94 - 100
Overall	219	96	94 - 98
All 13 physical activity topics**			
Senior High School	65	64	57 - 71
Middle School	80	57	50 - 65
Junior/Senior High School Combined	73	74	67 - 81
Overall	218	65	61 - 69

*Among those schools that require a health education course for students in any of grades 6 through 12.

**Responses to question 11 a through m all are "yes."

N=Unweighted number of observations

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12. Percentage of schools that teach required HIV prevention units or lessons in the following courses.

	N	Percent	95% Confidence Interval
a. Science			
Senior High School	56	50	41 - 59
Middle School	81	28	21 - 35
Junior/Senior High School Combined	72	58	49 - 67
Overall	209	44	39 - 49
b. Home economics or family and consumer education			
Senior High School	60	64	55 - 73
Middle School	77	37	29 - 45
Junior/Senior High School Combined	71	62	54 - 70
Overall	208	53	49 - 58
c. Physical education			
Senior High School	62	35	26 - 44
Middle School	84	26	19 - 33
Junior/Senior High School Combined	73	35	29 - 41
Overall	219	32	27 - 36
d. Family life education or life skills			
Senior High School	60	66	58 - 74
Middle School	80	38	31 - 46
Junior/Senior High School Combined	70	67	59 - 76
Overall	210	56	51 - 61
e. Special education			
Senior High School	55	29	20 - 37
Middle School	77	17	11 - 23
Junior/Senior High School Combined	70	40	32 - 48
Overall	202	28	24 - 33
f. Social studies			
Senior High School	55	24	16 - 33
Middle School	76	1	0 - 3
Junior/Senior High School Combined	72	15	10 - 21
Overall	203	12	9 - 16

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13. Percentage of schools in which health education staff have worked with the following groups on health education activities.

	N	Percent	95% Confidence Interval
a. Physical education staff			
Senior High School	70	82	76 - 87
Middle School	98	78	74 - 83
Junior/Senior High School Combined	76	80	73 - 87
Overall	244	80	77 - 83
b. School health services staff (e.g., nurses)			
Senior High School	68	67	59 - 75
Middle School	99	68	62 - 74
Junior/Senior High School Combined	76	69	62 - 75
Overall	243	68	64 - 72
c. School mental health or social services staff (e.g., psychologists, counselors, and social workers)			
Senior High School	68	49	41 - 58
Middle School	99	47	39 - 54
Junior/Senior High School Combined	76	59	52 - 67
Overall	243	51	47 - 56
d. Nutrition or food service staff			
Senior High School	68	34	26 - 43
Middle School	99	35	28 - 42
Junior/Senior High School Combined	76	42	33 - 50
Overall	243	37	32 - 42

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14. Percentage of schools that have done each of the following activities.

	N	Percent	95% Confidence Interval
a. Provided families with information on school health education			
Senior High School	69	63	54 - 72
Middle School	96	62	56 - 68
Junior/Senior High School Combined	75	71	63 - 78
Overall	240	65	61 - 69
b. Met with a parents' organization such as the PTA to discuss school health education			
Senior High School	68	21	14 - 28
Middle School	95	22	16 - 29
Junior/Senior High School Combined	75	28	21 - 35
Overall	238	24	20 - 28
c. Invited family members to attend health education classes			
Senior High School	68	35	27 - 44
Middle School	96	41	34 - 48
Junior/Senior High School Combined	76	29	21 - 36
Overall	240	35	31 - 40

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15. Percentage of schools in which the lead health education teacher has received staff development (such as workshops, conferences, continuing education, or any other kind of in-service) on each of the following health education topics during the past 2 years.

	N	Percent	95% Confidence Interval
a. Alcohol or other drug use prevention			
Senior High School	70	52	43 - 60
Middle School	98	51	45 - 57
Junior/Senior High School Combined	77	54	47 - 62
Overall	245	52	48 - 56
b. Asthma awareness			
Senior High School	70	18	13 - 24
Middle School	98	20	14 - 26
Junior/Senior High School Combined	77	26	19 - 33
Overall	245	22	18 - 25
c. Consumer health			
Senior High School	70	23	16 - 30
Middle School	98	28	22 - 34
Junior/Senior High School Combined	76	32	25 - 39
Overall	244	28	24 - 32
d. Cardiopulmonary resuscitation (CPR)			
Senior High School	70	74	67 - 81
Middle School	98	68	62 - 74
Junior/Senior High School Combined	77	72	66 - 78
Overall	245	71	67 - 74
e. Dental and oral health			
Senior High School	70	8	4 - 13
Middle School	98	21	15 - 27
Junior/Senior High School Combined	76	20	13 - 26
Overall	244	17	13 - 20
f. Emotional and mental health			
Senior High School	70	39	32 - 46
Middle School	97	37	31 - 44
Junior/Senior High School Combined	76	34	27 - 42
Overall	243	37	33 - 41
g. Environmental health			
Senior High School	70	17	11 - 24
Middle School	97	14	9 - 20
Junior/Senior High School Combined	76	19	12 - 25
Overall	243	17	13 - 20

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15. Percentage of schools in which the lead health education teacher has received staff development (such as workshops, conferences, continuing education, or any other kind of in-service) on each of the following health education topics during the past 2 years.

	N	Percent	95% Confidence Interval
h. First aid			
Senior High School	70	75	69 - 82
Middle School	99	61	54 - 68
Junior/Senior High School Combined	77	66	58 - 74
Overall	246	67	63 - 71
i. Foodborne illness prevention			
Senior High School	70	11	5 - 16
Middle School	98	14	9 - 19
Junior/Senior High School Combined	77	21	15 - 27
Overall	245	15	12 - 18
j. Growth and development			
Senior High School	69	18	12 - 25
Middle School	97	18	12 - 23
Junior/Senior High School Combined	76	31	23 - 38
Overall	242	22	18 - 26
k. HIV (human immunodeficiency virus) prevention			
Senior High School	70	29	22 - 35
Middle School	97	30	24 - 36
Junior/Senior High School Combined	77	33	25 - 41
Overall	244	31	27 - 35
l. Human sexuality			
Senior High School	70	22	16 - 28
Middle School	97	14	9 - 19
Junior/Senior High School Combined	77	25	18 - 32
Overall	244	20	16 - 23
m. Immunizations			
Senior High School	70	16	9 - 22
Middle School	98	15	10 - 19
Junior/Senior High School Combined	77	21	14 - 28
Overall	245	17	14 - 20
n. Injury prevention and safety			
Senior High School	70	55	46 - 65
Middle School	98	48	42 - 54
Junior/Senior High School Combined	77	56	48 - 63
Overall	245	53	48 - 57

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15. Percentage of schools in which the lead health education teacher has received staff development (such as workshops, conferences, continuing education, or any other kind of in-service) on each of the following health education topics during the past 2 years.

	N	Percent	95% Confidence Interval
o. Nutrition and dietary behavior			
Senior High School	70	37	29 - 45
Middle School	98	39	31 - 46
Junior/Senior High School Combined	77	44	36 - 52
Overall	245	40	35 - 44
p. Physical activity and fitness			
Senior High School	70	54	45 - 62
Middle School	99	60	54 - 67
Junior/Senior High School Combined	77	55	47 - 63
Overall	246	57	52 - 61
q. Pregnancy prevention			
Senior High School	70	23	17 - 30
Middle School	98	22	16 - 27
Junior/Senior High School Combined	77	24	16 - 31
Overall	245	23	19 - 26
r. STD (sexually transmitted disease) prevention			
Senior High School	70	25	18 - 31
Middle School	98	27	21 - 32
Junior/Senior High School Combined	77	26	19 - 33
Overall	245	26	22 - 30
s. Suicide prevention			
Senior High School	70	32	25 - 39
Middle School	98	26	21 - 32
Junior/Senior High School Combined	77	27	21 - 34
Overall	245	28	25 - 32
t. Sun safety or skin cancer prevention			
Senior High School	70	12	7 - 17
Middle School	98	11	6 - 15
Junior/Senior High School Combined	77	21	15 - 27
Overall	245	14	11 - 17
u. Tobacco-use prevention			
Senior High School	69	49	39 - 58
Middle School	98	48	41 - 56
Junior/Senior High School Combined	76	50	42 - 58
Overall	243	49	44 - 54

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15. Percentage of schools in which the lead health education teacher has received staff development (such as workshops, conferences, continuing education, or any other kind of in-service) on each of the following health education topics during the past 2 years.

	N	Percent	95% Confidence Interval
v. Violence prevention			
Senior High School	70	60	52 - 68
Middle School	97	66	60 - 71
Junior/Senior High School Combined	76	55	47 - 64
Overall	243	61	57 - 65

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16. Percentage of schools in which the lead health education teacher would like to receive staff development on each of the following health education topics.

	N	Percent	95% Confidence Interval
a. Alcohol or other drug use prevention			
Senior High School	73	78	71 - 85
Middle School	98	79	74 - 85
Junior/Senior High School Combined	73	82	75 - 89
Overall	244	80	76 - 84
b. Asthma awareness			
Senior High School	73	71	64 - 79
Middle School	98	63	56 - 71
Junior/Senior High School Combined	74	50	41 - 59
Overall	245	62	57 - 66
c. Consumer health			
Senior High School	73	61	53 - 69
Middle School	98	56	49 - 63
Junior/Senior High School Combined	74	47	39 - 55
Overall	245	55	51 - 59
d. Cardiopulmonary resuscitation (CPR)			
Senior High School	73	74	66 - 81
Middle School	98	68	61 - 75
Junior/Senior High School Combined	75	74	67 - 81
Overall	246	71	67 - 76
e. Dental and oral health			
Senior High School	73	52	43 - 61
Middle School	98	47	40 - 55
Junior/Senior High School Combined	74	51	42 - 59
Overall	245	50	45 - 55
f. Emotional and mental health			
Senior High School	73	70	62 - 78
Middle School	98	63	55 - 70
Junior/Senior High School Combined	75	68	60 - 76
Overall	246	66	62 - 71
g. Environmental health			
Senior High School	73	60	51 - 69
Middle School	98	48	41 - 56
Junior/Senior High School Combined	74	50	42 - 58
Overall	245	52	48 - 57

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16. Percentage of schools in which the lead health education teacher would like to receive staff development on each of the following health education topics.

	N	Percent	95% Confidence Interval
h. First aid			
Senior High School	73	83	77 - 89
Middle School	98	78	72 - 84
Junior/Senior High School Combined	75	78	71 - 85
Overall	246	80	76 - 83
i. Foodborne illness prevention			
Senior High School	73	58	49 - 66
Middle School	98	54	48 - 61
Junior/Senior High School Combined	74	55	47 - 64
Overall	245	56	51 - 60
j. Growth and development			
Senior High School	73	60	52 - 69
Middle School	97	59	53 - 65
Junior/Senior High School Combined	74	58	51 - 66
Overall	244	59	55 - 63
k. HIV (human immunodeficiency virus) prevention			
Senior High School	73	69	60 - 77
Middle School	98	63	56 - 71
Junior/Senior High School Combined	75	68	61 - 74
Overall	246	66	62 - 71
l. Human sexuality			
Senior High School	73	58	49 - 66
Middle School	97	55	48 - 62
Junior/Senior High School Combined	74	59	51 - 67
Overall	244	57	52 - 61
m. Immunizations			
Senior High School	73	55	47 - 63
Middle School	97	44	36 - 51
Junior/Senior High School Combined	74	44	37 - 52
Overall	244	47	43 - 52
n. Injury prevention and safety			
Senior High School	73	73	66 - 80
Middle School	98	73	67 - 78
Junior/Senior High School Combined	74	71	64 - 79
Overall	245	72	69 - 76

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16. Percentage of schools in which the lead health education teacher would like to receive staff development on each of the following health education topics.

	N	Percent	95% Confidence Interval
o. Nutrition and dietary behavior			
Senior High School	73	79	73 - 85
Middle School	97	75	69 - 82
Junior/Senior High School Combined	75	73	67 - 80
Overall	245	76	72 - 80
p. Physical activity and fitness			
Senior High School	73	80	74 - 87
Middle School	98	79	73 - 85
Junior/Senior High School Combined	75	76	69 - 83
Overall	246	79	75 - 82
q. Pregnancy prevention			
Senior High School	73	61	52 - 69
Middle School	98	54	47 - 61
Junior/Senior High School Combined	74	66	59 - 73
Overall	245	60	55 - 64
r. STD (sexually transmitted disease) prevention			
Senior High School	72	68	59 - 76
Middle School	98	61	53 - 69
Junior/Senior High School Combined	75	76	68 - 83
Overall	245	67	63 - 72
s. Suicide prevention			
Senior High School	73	79	73 - 86
Middle School	98	78	72 - 83
Junior/Senior High School Combined	74	77	70 - 84
Overall	245	78	74 - 82
t. Sun safety or skin cancer prevention			
Senior High School	73	58	50 - 67
Middle School	97	55	48 - 62
Junior/Senior High School Combined	75	64	56 - 72
Overall	245	59	54 - 63
u. Tobacco-use prevention			
Senior High School	72	74	66 - 81
Middle School	98	74	67 - 80
Junior/Senior High School Combined	75	76	68 - 84
Overall	245	74	70 - 79

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16. Percentage of schools in which the lead health education teacher would like to receive staff development on each of the following health education topics.

	N	Percent	95% Confidence Interval
v. Violence prevention			
Senior High School	73	79	73 - 86
Middle School	97	78	73 - 84
Junior/Senior High School Combined	75	76	69 - 82
Overall	245	78	74 - 82

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17. Percentage of schools in which the lead health education teacher has received staff development (such as workshops, conferences, continuing education, or any other kind of in-service) on each of the following teaching methods during the past 2 years.

	N	Percent	95% Confidence Interval
a. Teaching students with physical, medical, or cognitive disabilities			
Senior High School	73	61	52 - 70
Middle School	98	56	49 - 64
Junior/Senior High School Combined	76	45	37 - 52
Overall	247	54	50 - 59
b. Teaching students of various cultural backgrounds			
Senior High School	73	57	49 - 64
Middle School	97	53	46 - 60
Junior/Senior High School Combined	76	38	30 - 46
Overall	246	50	45 - 54
c. Teaching students with limited English proficiency			
Senior High School	73	39	32 - 47
Middle School	97	31	25 - 38
Junior/Senior High School Combined	76	30	24 - 37
Overall	246	33	29 - 37
d. Using interactive teaching methods such as role plays or cooperative group activities			
Senior High School	72	49	42 - 55
Middle School	97	60	54 - 67
Junior/Senior High School Combined	76	58	50 - 66
Overall	245	56	52 - 60
e. Encouraging family or community involvement			
Senior High School	73	73	65 - 80
Middle School	97	70	64 - 76
Junior/Senior High School Combined	76	73	67 - 79
Overall	246	72	68 - 76
f. Teaching skills for behavior change			
Senior High School	72	57	50 - 65
Middle School	96	61	53 - 68
Junior/Senior High School Combined	75	59	51 - 67
Overall	243	59	55 - 63

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17. Percentage of schools in which the lead health education teacher has received staff development (such as workshops, conferences, continuing education, or any other kind of in-service) on each of the following teaching methods during the past 2 years.

	N	Percent	95% Confidence Interval
g. Classroom management techniques, such as social skills training, environmental modification, conflict resolution and mediation, and behavior management			
Senior High School	73	73	65 - 80
Middle School	96	80	75 - 86
Junior/Senior High School Combined	76	72	67 - 78
Overall	245	76	72 - 79
h. Assessing or evaluating students in health education			
Senior High School	73	36	28 - 43
Middle School	96	45	38 - 52
Junior/Senior High School Combined	76	37	30 - 44
Overall	245	40	35 - 44

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18. Percentage of schools in which the lead health education teacher would like to receive staff development on each of the following topics.

	N	Percent	95% Confidence Interval
a. Teaching students with physical, medical, or cognitive disabilities			
Senior High School	73	66	57 - 74
Middle School	98	75	68 - 82
Junior/Senior High School Combined	74	66	57 - 74
Overall	245	69	65 - 74
b. Teaching students of various cultural backgrounds			
Senior High School	73	59	51 - 67
Middle School	97	65	58 - 72
Junior/Senior High School Combined	75	56	48 - 64
Overall	245	61	56 - 65
c. Teaching students with limited English proficiency			
Senior High School	73	60	52 - 69
Middle School	97	65	59 - 71
Junior/Senior High School Combined	74	54	46 - 61
Overall	244	60	56 - 64
d. Using interactive teaching methods such as role plays or cooperative group activities			
Senior High School	72	68	60 - 75
Middle School	98	64	57 - 71
Junior/Senior High School Combined	74	61	53 - 69
Overall	244	64	60 - 69
e. Encouraging family or community involvement			
Senior High School	72	71	63 - 79
Middle School	98	68	61 - 74
Junior/Senior High School Combined	75	72	65 - 78
Overall	245	70	66 - 74
f. Teaching skills for behavior change			
Senior High School	73	68	60 - 76
Middle School	98	75	69 - 82
Junior/Senior High School Combined	74	78	71 - 86
Overall	245	74	70 - 78

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18. Percentage of schools in which the lead health education teacher would like to receive staff development on each of the following topics.

	N	Percent	95% Confidence Interval
g. Classroom management techniques, such as social skills training, environmental modification, conflict resolution and mediation, and behavior management			
Senior High School	73	71	63 - 78
Middle School	98	74	68 - 81
Junior/Senior High School Combined	75	76	69 - 83
Overall	246	74	70 - 78
h. Assessing or evaluating students in health education			
Senior High School	73	80	74 - 87
Middle School	98	78	72 - 84
Junior/Senior High School Combined	75	76	69 - 83
Overall	246	78	74 - 82

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19. Percentage of schools in which the major emphasis of the lead health education teacher's professional preparation was on the following.

	N	Percent	95% Confidence Interval
a. Health and physical education combined			
Senior High School	65	74	66 - 82
Middle School	97	73	67 - 79
Junior/Senior High School Combined	72	54	47 - 62
Overall	234	68	64 - 72
b. Health education			
Senior High School	65	6	2 - 10
Middle School	97	4	1 - 6
Junior/Senior High School Combined	72	4	1 - 8
Overall	234	5	3 - 6
c. Physical education			
Senior High School	65	13	6 - 19
Middle School	97	12	8 - 17
Junior/Senior High School Combined	72	25	18 - 32
Overall	234	16	13 - 19
d. Other education degree			
Senior High School	65	3	0 - 7
Middle School	97	1	0 - 2
Junior/Senior High School Combined	72	1	0 - 3
Overall	234	2	1 - 3
e. Kinesiology, exercise science, or exercise physiology			
Senior High School	65	3	0 - 5
Middle School	97	4	1 - 6
Junior/Senior High School Combined	72	7	3 - 11
Overall	234	4	3 - 6
f. Home economics or family and consumer science			
Senior High School	65	0	0 - 0
Middle School	97	1	0 - 3
Junior/Senior High School Combined	72	1	0 - 3
Overall	234	1	0 - 2
g. Biology or other science			
Senior High School	65	0	0 - 0
Middle School	97	1	0 - 3
Junior/Senior High School Combined	72	0	0 - 0
Overall	234	0	0 - 1

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19. Percentage of schools in which the major emphasis of the lead health education teacher's professional preparation was on the following.

	N	Percent	95% Confidence Interval
h. Nursing			
Senior High School	65	0	0 - 0
Middle School	97	2	0 - 4
Junior/Senior High School Combined	72	0	0 - 0
Overall	234	1	0 - 2
i. Counseling			
Senior High School	65	0	0 - 0
Middle School	97	0	0 - 0
Junior/Senior High School Combined	72	1	0 - 3
Overall	234	0	0 - 1
j. Public health			
Senior High School	65	0	0 - 0
Middle School	97	0	0 - 0
Junior/Senior High School Combined	72	0	0 - 0
Overall	234	0	0 - 0
k. Nutrition			
Senior High School	65	0	0 - 0
Middle School	97	0	0 - 0
Junior/Senior High School Combined	72	1	0 - 3
Overall	234	0	0 - 1
l. Other			
Senior High School	65	1	0 - 3
Middle School	97	2	0 - 4
Junior/Senior High School Combined	72	4	1 - 7
Overall	234	3	1 - 4

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19N. Percentage of schools in which the major emphasis of the lead health education teacher's professional preparation was on the following.*

	N	Percent	95% Confidence Interval
Health education or health and physical education combined (a or b)			
Senior High School	65	80	73 - 87
Middle School	97	77	71 - 83
Junior/Senior High School Combined	72	59	51 - 66
Overall	234	72	68 - 76
Physical education, kinesiology, exercise science or exercise physiology (c or e)			
Senior High School	65	15	9 - 21
Middle School	97	16	11 - 21
Junior/Senior High School Combined	72	32	25 - 39
Overall	234	21	17 - 24
Home economics or family and consumer science, biology or other science, or nutrition (f, g, or k)			
Senior High School	65	0	0 - 0
Middle School	97	2	0 - 4
Junior/Senior High School Combined	72	3	0 - 5
Overall	234	2	1 - 3
Nursing or counseling (h or i)			
Senior High School	65	0	0 - 0
Middle School	97	2	0 - 4
Junior/Senior High School Combined	72	1	0 - 3
Overall	234	1	0 - 2
Public health or other (j or l)			
Senior High School	65	1	0 - 3
Middle School	97	2	0 - 4
Junior/Senior High School Combined	72	4	1 - 7
Overall	234	3	1 - 4

*Multiple responses to question 19 are combined.
N=Unweighted number of observations

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20. Percentage of schools in which the lead health education teacher is certified, licensed, or endorsed by the state to teach health education in middle/junior high school or senior high school.

	N	Percent	95% Confidence Interval
Senior High School	72	96	93 - 99
Middle School	99	89	85 - 93
Junior/Senior High School Combined	77	98	95 - 100
Overall	248	94	92 - 96

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21. Percentage of schools in which the lead health education teacher had the following number of years' experience in teaching health education classes or topics.

	N	Percent	95% Confidence Interval
a. 1 year			
Senior High School	72	6	2 - 10
Middle School	97	11	7 - 15
Junior/Senior High School Combined	77	9	5 - 13
Overall	246	9	7 - 11
b. 2 to 5 years			
Senior High School	72	21	14 - 27
Middle School	97	24	19 - 30
Junior/Senior High School Combined	77	36	28 - 44
Overall	246	27	23 - 31
c. 6 to 9 years			
Senior High School	72	11	6 - 17
Middle School	97	15	10 - 21
Junior/Senior High School Combined	77	9	5 - 13
Overall	246	12	9 - 15
d. 10 to 14 years			
Senior High School	72	15	10 - 21
Middle School	97	13	9 - 18
Junior/Senior High School Combined	77	11	6 - 16
Overall	246	13	11 - 16
e. 15 years or more			
Senior High School	72	47	38 - 55
Middle School	97	36	29 - 43
Junior/Senior High School Combined	77	34	26 - 43
Overall	246	39	34 - 43