The 12 Guiding Principles of Exceptional Character

Adaptability
- The ability and willingness to change; to put yourself in harmony with changed circumstances.

Compassion
- Kindness; the desire to help others in distress.

Contemplation
- Giving serious consideration to something; to think things through carefully.

Courage
- Bravery; the willingness to put your beliefs into practice. The capacity to meet danger without giving way to fear.

Honesty
- Truthfulness, sincerity; the act or condition of never deceiving, stealing, or taking advantage of the trust of others.

Initiative
- Eagerness to do something; the capacity for thinking of and acting on your own ideas without promoting by others.

Loyalty
- Faithfulness, dependability; the quality of being faithful to another person in the performance of duty or adhering to a contract with another person.

Optimism
- Positive beliefs; the inclination to take a hopeful view or think that all will work out for the best.

Perseverance
- Working hard at something; the quality of trying hard and continuously in spite of obstacles and difficulties.

Respect
- Regard, value, admire, and appreciate; special esteem or consideration in which you hold another person or thing.

Responsibility
- Accountability; to consider yourself answerable for something.

Trustworthiness
- Reliability; dependable, deserving of trust and confidence.

http://www.daggett.com/guiding_princ.html