

Student Safety Topic: Summer Safe Habits

Summer Safety

Summer is full of opportunities for learning and fun. With the end of the school year just around the corner, now is a great time to review summer safety with children/students. Below are five suggestions.

1. Use U.S. Coast Guard-approved life vests whenever riding on watercraft and for any child who is near water.
2. Avoid playing outside if the heat index is more than 100 degrees Fahrenheit. On hot days, stay in the shade and drink plenty of water. Don't forget to apply sunscreen regularly!
3. Use bug repellent when outdoors to prevent tick and mosquito bites.
4. Don't forget to keep a close eye on your child when at playgrounds. A simple fall could lead to numerous injuries.
5. Remember basic street safety: Wear clothing that is easily seen in any light, look both ways before crossing the road, and stay alert for vehicles whether walking or driving.



Visit our webpage for links to information!
<http://www.arkansased.gov/divisions/communications/my-childmy-student>

College & Career Readiness Topic: Keep Learning

Why is it important?

Although summer can be a time for making memories, it is equally important to ensure your child does not lose all of the valuable knowledge he/she has acquired during the school year. According to the Harvard Graduate School of Education, over the summer students lose approximately 2.6 months of math skills. This loss is often called "The Summer Slide" and there are many ways to prevent it.



Learning Through Summer

In addition to reading with your child every day throughout the summer, look for opportunities to incorporate learning into everyday activities. Math and reading skills are important parts of cooking. Also, physical activities such as sports give students the opportunity to build teamwork skills. Be sure to check with your local library for fun and engaging learning activities throughout the entire summer.

Continue the conversation...

- How can I encourage my child/my student to be lifelong learners?
- What summer reading programs are available?
- Where can my child/my student learn more about educational activities in our community?
- What summer safety tips should I share with my child/my student?
- How can I promote the proper use of safety equipment such as seat belts, life jackets and bicycle helmets?
- What safe summer activities will help my child/my student keep learning during the break?