

# Parent November Newsletter

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Developing strong reading and math skills builds a strong foundation for success in all academic subject areas. It also predicts how well a student will do in college and careers. While grade-level goals and standards provide a clear roadmap for learning, your assistance is essential to helping your child achieve success.

The Arkansas Department of Education has produced a [Refrigerator Curriculum](#) for grades K-8 that contains grade-specific concepts and skills that you can refer to when helping your child learn. Ongoing communication with your child's teacher also is essential. Please consider asking your child's teacher the following questions.

- How do I help my child be a better reader?
- How do I help my child learn math?
- How can I use math at home?
- How can I help my child read 30 minutes per day?
- How can I encourage other children in my neighborhood to be strong readers and mathematicians?
- What courses will my child need to take to graduate on time and be college and career ready?

November also is National Diabetes Month. According to the American Diabetes Association, it is estimated that around 208,000 Americans under the age of 20 have been diagnosed with diabetes. If your child is one of those, consider the following questions.

- How do I communicate with the school if my child is a diabetic or has other health issues?
- What supplies should I send to school with my child if he or she is a diabetic or has other health issues?
- What can the school nurse do to help my child?
- Is my child eating a healthy lunch each day?
- Does my child's school have a school health center?

To learn more about National Diabetes Month, check out the National Diabetes Education Program's website at <http://ndep.nih.gov/partners-community-organization/national-diabetes-month/2015.aspx>.



<http://www.arkansased.gov/divisions/communications/my-childmy-student>